



OUR VISION

To deliver an innovative, recovery focused, integrated substance misuse service across the townships of the metropolitan borough of Bury. Improving quality of life, reducing crime, reducing pressures on the NHS and preparing the workforce of tomorrow.



Our services will reach all corners of the Metropolitan Borough of Bury, ensuring that support is available to all those who need it.

“ I have had so much support. I know that I can come to One Recovery Bury and talk to people. I feel comfortable coming here. They're rushed off their feet but they still make time for you. Without this place, I don't know where I'd be.

- One Recovery Client

ONERECOVERY BURY

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Worried About Your Drug Use?

We Can help

ONERECOVERY BURY

ONE RECOVERY

BURY

If you have an addiction, you're not alone.

Do you think that you may have an addiction to drugs?

People who experiment with drugs continue to use them because they either make them feel good, or stop them from feeling bad. However, there is a fine line between regular use and drug abuse and addiction.

- ▼ Have you or anyone else been concerned about your drug use?
- ▼ Have you found yourself in trouble with the police?
- ▼ Are you experiencing financial problems because of drug use?
- ▼ Are you experiencing problems with your family because of drug use?
- ▼ Is your drug use causing or related to any emotional problems such as depression/anxiety?
- ▼ Are you struggling to access stable accommodation?
- ▼ Would you like to find work but your drug use is preventing you?

If your answer is yes, we may be able to help you.

Recovering from drug addiction is much easier when you have people you can lean on for encouragement, comfort, and guidance.

- ▼ We will complete an assessment with you to try and find out what difficulties are in your life
- ▼ We will devise a care plan taking those needs into account
- ▼ We will work with you on a one-to-one basis to help you overcome your problems
- ▼ We will refer you to and link in with other people or services that can help you

We will focus on your strengths to help your whole needs

We hope that by working together with us, you will...

- ▼ Have significantly reduced or be abstinent from drug use
- ▼ Have access to or be on the waiting list for accommodation
- ▼ No longer be committing offences
- ▼ Have a better chance of finding work or be in education
- ▼ Have settled relationships (family & friends)
- ▼ Not be experiencing mental health problems



I had been using heroin and crack cocaine for approximately eight years, and becoming drug free involved a huge amount of change for me. I feel like I have now got my life back. Thank you One Recovery for all your support.

- One Recovery Client

One Recovery Bury offers free advice. Get in touch via our website, by phoning or by dropping in to one of our centres.