BtGBRIDGING THE GAP

ABOUT BRIDGING THE GAP
Bridging the Gap is an innovative training
programme designed to help those who have
experienced substance misuse related problems, gain
the skills needed to help them become work ready. It
can provide a route to paid employment, voluntary
work or further education, through gaining skills,
experience and a qualification.

The programme lasts for 16 weeks and is aimed specifically at people who are unemployed or working part-time.

TRAINING INCLUDES

ALCOHOL AND DRUG AWARENESS

MENTAL HEALTH
SAFEGUARDING
PRESENTATIONS
COMMUNICATION SKILLS
VALUE & DIVERSITY

The programme has received national acclaim as the overall winner of the 2004 Community Care Awards. In 2005 and 2007 it received a National Training Award and in 2006 was a runner-up in the Big Issue North West



Awards.

What former students say about Bridging the Gap



- I have turned my life around and have doors opening for me - all thanks to Bridging the Gap
- It's been a remarkable experience brilliant
- I feel great, I've regained my self confidence and now I am looking forward to helping other people come off drugs
- It's been hard but well worth it
- The other students have been a great support we've all helped each other along



The course is free and all expenses, including childcare, will be reimbursed. Once students have completed the course there are a number of volunteering opportunities available.