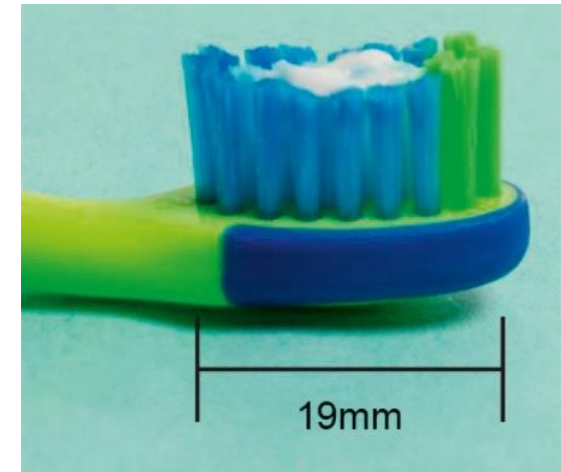


For children **less than 3 years old** it is good practice to use a **smear** of **1450 ppm** fluoride toothpaste.



For children **over 3 years old** it is good practice to use a **pea-sized** amount of **1450ppm** fluoride toothpaste.

