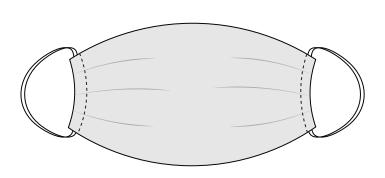
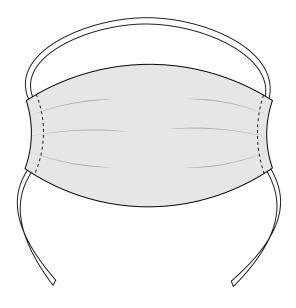
Pleated

This simple face covering is ideal even for beginner sewers, and can be whipped up in a matter of minutes.

Face Covering





WHAT YOU NEED

- Your fabric
- Pins
- Fabric scissors
- A sewing machine OR a hand sewing needle
- •Thread
- For ear loops: elastic two hair elastics are ideal, or two lengths of elastic 15cm long
- \bullet For head ties: ribbon or $\mbox{\em 4}''$ wide elastic (or thereabouts) long enough to go around your head twice

RECOMMENDED FABRICS

A tightly woven lightweight cotton is ideal; quilting cotton or poly cotton. You could even harvest fabric from an old pillow case or shirt. Avoid stretchy fabrics, and synthetics that aren't breathable.

PRINTING YOUR PATTERN

Download the pattern and open the file with a PDF reader such as Preview or Adobe Reader. In your print preview, make sure that you choose to print 'actual size' or 100% scale and not 'scale to fit'.

FABRIC REQUIRED

You can fit 2 masks, or 4 pattern pieces, on a 115cm wide piece of fabric.

45" / 115cm wide Adult: 8" / 20cm Child: 6" / 16cm If you're not using the pattern provided, cut a rectangle measuring 28cm x 20cm for the ADULT size, or 25cm x 16cm for the KIDS size.



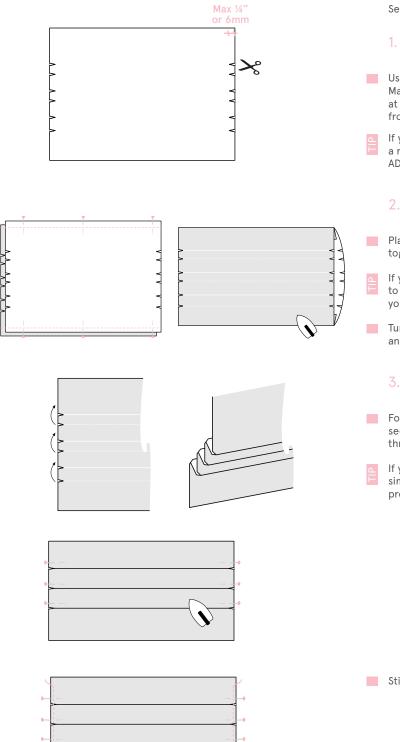
ATTERN KEY

A Pattern Piece

Right Side

Wrong Side

Sew off you go! (sorry, couldn't resist...)



Seam allowances are 1cm

1. Cut and prep your fabric

- Use the pattern to cut two layers of fabric. Mark the pleats by snipping into the fabric at the notches no more than ¼" or 6mm in from the raw edge.
- If you're not using the pattern provided, cut a rectangle measuring 28cm x 20cm for the ADULT size, or 25cm x 16cm for the KIDS size.

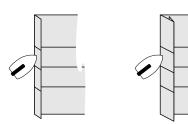
2. Join the two layers

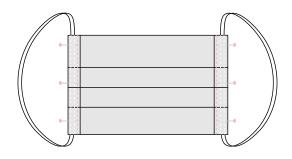
- Place your layers of fabric with right sides together and stitch the two long sides.
- If you're using a sewing machine, remember to backstitch at the beginning and end of your line of stitching.
- Turn your face covering out to the right side and press the seams.

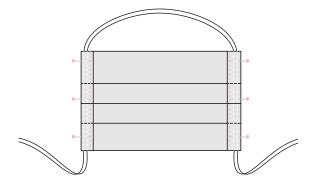
3. Assemble your pleats

- Fold and press the pleats into place and secure with pins either side. You will have three pleats going across your face covering.
- If you're not using the pattern provided, simply create three pleats by folding and pressing across the width of the fabric.

Stitch the pleats to secure at both ends.







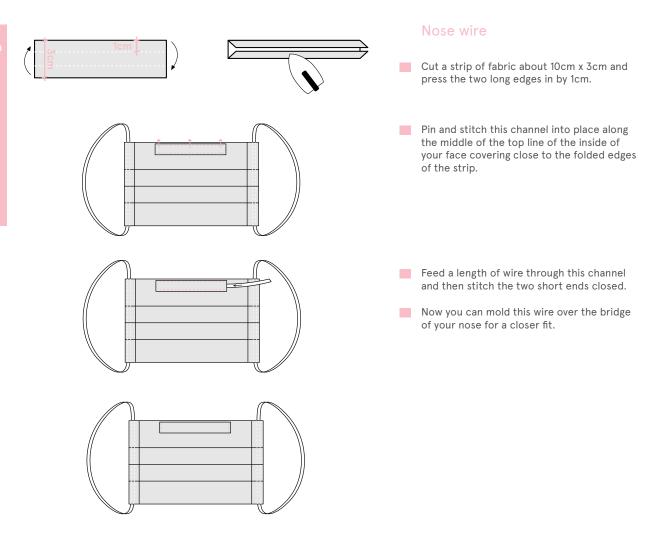
4. Create the elastic channels

- Fold and press one of the short ends in by 1cm, and then again by 2cm.
- Repeat for the other side.

5. Finishing your face covering

- Slip one of the elastics into the channel and pin along the pressed fold to keep it in place. Stitch close to the fold to secure the channel.
- If you are using lengths of elastic as opposed to hair elastics, feed one end through the channel and then tie the ends into a knot to create the ear loop.
- If you don't have any elastic, feed a length of ribbon, shoe lace or string through the two side channels and tie around the back of your head.

Variations



Love what you made?

Well, show us! You can share your photos with us by tagging us @bigcommunitysew on Instagram so we can marvel at your creations. Be sure to use the hashtag #bigcommunitysew so we can find you!

Enormous thanks goes to By Hand London sewing patterns for creating these patterns and sewing instructions exclusively for Big Community Sew.