

Rachel



What is important to me...?

- Spending time with my family and friends.
- Playing games with my children.
- Running or walking by the river near where I live.
- Going camping in the summer holidays.



What people like about me...

- I am friendly.
- I am easy to talk to.
- I like to help people solve problems.

What I would like to get better at...

- Yoga
- Spelling
- Running
- Growing flowers in my garden



My Job...

I work with children and young people like you (from birth to 25) and I'm interested in how they learn, think and feel.

I try to find out what children and young people are good at and what they would like more help with, to see what changes can be made to help them feel happy and do well at nursery, school or college.

I am an "Educational Psychologist" but you can call me Rachel.

What we might do...

When I come to meet you, I will introduce myself and will talk to you about what we might do together. You can ask about anything you are not sure about.

We will have a chat about what is important to you. We might also play games, draw pictures, do some questionnaires or different kinds of tests. We can make it interesting and fun!



What happens if you don't want to work with me...?

If you're worried about working with me, perhaps you could talk to an adult in school or your parents, they can ask me any extra questions which may help you feel less worried. But if you really don't want to work with me, you don't have to!

See you soon!