



Children in the North West
have some of the highest rates of
tooth decay in the country!



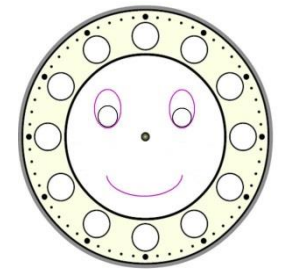
- As part of our health programme daily tooth brushing is part of the routine at our nursery
- Each child will be given their own toothbrush



- Family toothpaste will be applied to brushes



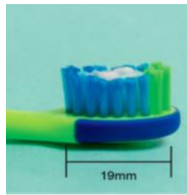
- Your child will be supervised when brushing their teeth
- The brushes will be stored hygienically in a toothbrush storage rack



- It is very important that you keep brushing your child's teeth at home
- Encourage your child to brush the last thing at night and on one other occasion



• Under three, use a smear of paste



• Increase to a pea sized blob of paste at three years old



• At home encourage your child to spit out, don't allow them to rinse out so they don't wash away that precious fluoride

• Using a family toothpaste containing 1450ppm fluoride strengthens their and teeth and helps protect against decay

The Brush Bus
is at our
nursery!



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If **you would like** your child to take part in the scheme please fill in this consent form and return to nursery within 7 days

I would like my child
to brush their teeth at the nursery.

Signed.....Parent/Guardian

