

Core standards for supervised brushing scheme

Tooth Brushing in a dry area

- Everyday each child will have a chance to brush their own teeth
- Brushing can be done at any time of the day but must be supervised by an adult to ensure that the toothbrushes are not shared and they are handled properly.
- Supervisors should cover any cuts, abrasions or breaks in their skin with a waterproof dressing.
- Toothpaste is only dispensed when the children are ready to brush.
- Place the small amount of toothpaste on the laminated clock face and use each brush to sweep the small amount onto it, this stops the toothpaste tube touching the brushes (preventing cross-contamination).
- For children 0-3 years: use a smear of family fluoride toothpaste.
- For children aged 3 years and above: use small pea sized amount of family fluoride toothpaste.
- Because there is only a very small amount of toothpaste used there is no need for water or rinsing.
- It is best for children not to eat or drink anything for 30 minutes following brushing to allow maximum benefit from the fluoride.

Looking after the Toothbrushes

- Toothbrushes should be returned to the Brush Bus and taken to an identified sink area by a supervisor who is responsible for rinsing each toothbrush under cold running water.
- Toothbrushes do not need to be soaked in Milton or other cleaner/disinfectant.

- Store the toothbrushes in your *Brush Bus* with the bristles uppermost, this allows the brushes to air dry.
- The brushes will need to be replaced every 3 months.
- Use a Family toothpaste which contains 1,450ppm fluoride

Looking after the Brush Buses

- The buses need to be stored up high out of the way of little hands.
- The *brush Buses* can be cleaned with household detergent soap and warm water periodically.

For more information contact

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