Bury Carers' Hub Monthly Activities November 2026

Tel: 0300 303 0207 email: enquiries@burycarershub.org.uk

Regular Activities			
Weekly **Wednesdays**	10.30am-12.00pm	Bury Weekly Coffee Morning **Every Wednesday in November**	Bury Masonic Hall, Parsons Lane BL9 0LY
Fortnightly **Mondays**	1.00pm - 2.30pm	Whitefield Fortnightly Drop in **November 9th & 23rd**	Sir Robert Peel, Sunnybank Road, BL9 8ES
Fortnightly **Tuesdays**	10.30am-12.00pm	Radcliffe Drop in at the Listening Ear Cafe **November 3rd & 17th**	URC Church, Blackburn Street Radcliffe M26 3WQ
Fortnightly **Tuesdays**	1.00pm - 2.30pm	Prestwich Fortnightly Drop in **November 10th & 24th**	Church Lane Community Centre, Prestwich M25 1AJ
Monthly **Fridays**	10.00am-11.30am	Ramsbottom Monthly Drop in **November 27th**	Scotties Café, Railway St. Ramsbottom BL0 9AS
Weekly Online		Reiki – Wednesday 2.00pm – 3.00pm Yoga Flow- Weds 6.15pm – 7.30pm Yoga Nidra - Thurs 7pm (Guided Meditation)	Ask the team for access info.

Dates for your Diary		
Tues 3rd Nov 10.30am-12.30pm	**Sahara Memory Café** Bury Carers' Hub will be visiting the group this morning to provide support and information.	The Jinnah Centre, Alfred Street, Bury BL9 7HE
Tues 10th Nov 10.30am – 12.00pm	**Co-Production Network** Join us to help shape and improve services for carers. Please register your interest.	United Reformed Church, Blackburn St. Radcliffe M26 3WQ
Weds 11th Nov 10.30am – 12.00pm	**Digital Circle** Support with digital devices or technology such as NHS app, emails, phones , iPads-bring along your devices.	Bury Masonic Hall, Parsons Lane BL9 0LY
Weds 11th Nov 12.00pm-1.00pm	**Estate Planning & Inheritance By Coop Estate Planning.** This session will provide practical guidance to help you plan for the future covering key aspects of estate planning in an easy to understand way. Spaces are limited – booking essential.	Bury Masonic Hall, Parsons Lane BL9 0LY
Thurs 12th Nov 2pm	**Social Walk – Heaton Park** We will join the Social Prescribing group for a walk to the Lakeside café, Heaton Park and back.	Whittaker Lane Medical Centre, Prestwich M25 1EX
Tues 17th Nov 10.30am – 12.00pm	**Crafting in Radcliffe** Come and join us as we make beautiful Paper stars. Free of charge open to all abilities.	URC Church, Blackburn Street Radcliffe M26 3WQ
Thurs 19th Nov	**Carers' Rights Day** **Please see our separate flyer for details of our events to mark 2026 Carers Rights Day.**	
Thurs 19th Nov 1.00pm-3.30pm	**Carers' Crafting Hub** Bring along your own project or join in one of ours. This month has a Christmas theme –making Paper stars and other decorations.	Live Well Centre, Albert Road, Whitefield M45 8NH
Weds 25th Nov 10.30-12 Noon	**Councillor Tamoor Tariq** Cabinet Member for Adult Care, Health and Public Service Reform at Bury Council will be visiting today, as will the **Dementia Reviewing Team** from the Bury GP Federation who will be on hand for a friendly chat and advice.	Bury Masonic Hall, Parsons Lane BL9 0LY

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