Bury Carers' Hub Monthly Activities

October 2026

Regular Activities			
Weekly **Wednesdays**	10.30am-12.00pm	Bury Weekly Coffee Morning **Every Wednesday in October**	Bury Masonic Hall, Parsons Lane BL9 0LY
Fortnightly **Mondays**	1.00pm - 2.30pm	Whitefield Fortnightly Drop in **October 12th & 26th**	Sir Robert Peel, Sunnybank Road, BL9 8ES
Fortnightly **Tuesdays**	10.30am-12.00pm	Radcliffe Drop in at the Listening Ear Cafe **October 6th & 20th**	URC Church, Blackburn Street Radcliffe M26 3WQ
Fortnightly **Tuesdays**	1.00pm - 2.30pm	Prestwich Fortnightly Drop in **October 13th & 27th**	Church Lane Community Centre, Prestwich M25 1AJ
Monthly **Fridays**	10.00am-11.30am	Ramsbottom Monthly Drop in **October 30th**	Scotties Café, Railway Street Ramsbottom BL0 9AS
Weekly Online		Reiki – Wednesday 2.00pm – 3.00pm Yoga Flow- Weds 6.15pm – 7.30pm Yoga Nidra - Thurs 7.00pm (Guided Meditation)	Ask the team for access info.
Dates for your Dairy			
Tues 13th Oct	10.30am-11.30am	**Women's Wellbeing group** Bury Carers' Hub will be visiting the group this morning to provide support and information.	The Jinnah Centre, Alfred Street, Bury BL9 7HE
Thurs 15th Oct	1.00pm-3.30pm	**Carers' Crafting Hub** Bring along your own project or join in one of ours. This month we will be learning how to make a classic crochet granny square. Equipment and refreshment provided.	Live Well Centre, Albert Road, Whitefield M45 8NH
Wednesday 14th Oct	9.30 to 10.30pm	**Co-Production network** Join us to help shape and improve services for carers. Refreshments will be provided—please register your interest.	Bury Masonic Hall, Parsons Lane BL9 0LY
Wednesday 14th Oct	10.30 to 11.30pm	**Digital Circle** Support and training with digital devices or technology such as NHS app, emails, phones, iPads -bring along your devices	Bury Masonic Hall, Parsons Lane BL9 0LY

n-compass registered in England and Wales. Charity No. 1128809. Guarantee No. 06845210.