Safe use of denture adhesive with complete (full) dentures

This section applies to patients who are fully edentulous and wear complete removable dentures, including implant-retained overdentures.

Apply a small amount

Apply thin strips or small dots to a clean, dry denture. Use only enough to provide comfort and stability. If adhesive oozes out on use, you are using too much.

Once daily is usually sufficient. If you need to apply more than once a day, your denture may need adjustment.

Insert and seal

Place the denture into your mouth.
Press firmly and bite gently for a few seconds.
Avoid eating or drinking for 5 minutes.
If you need increasing amounts of adhesive, your denture may need adjustment.

Remove and clean every night

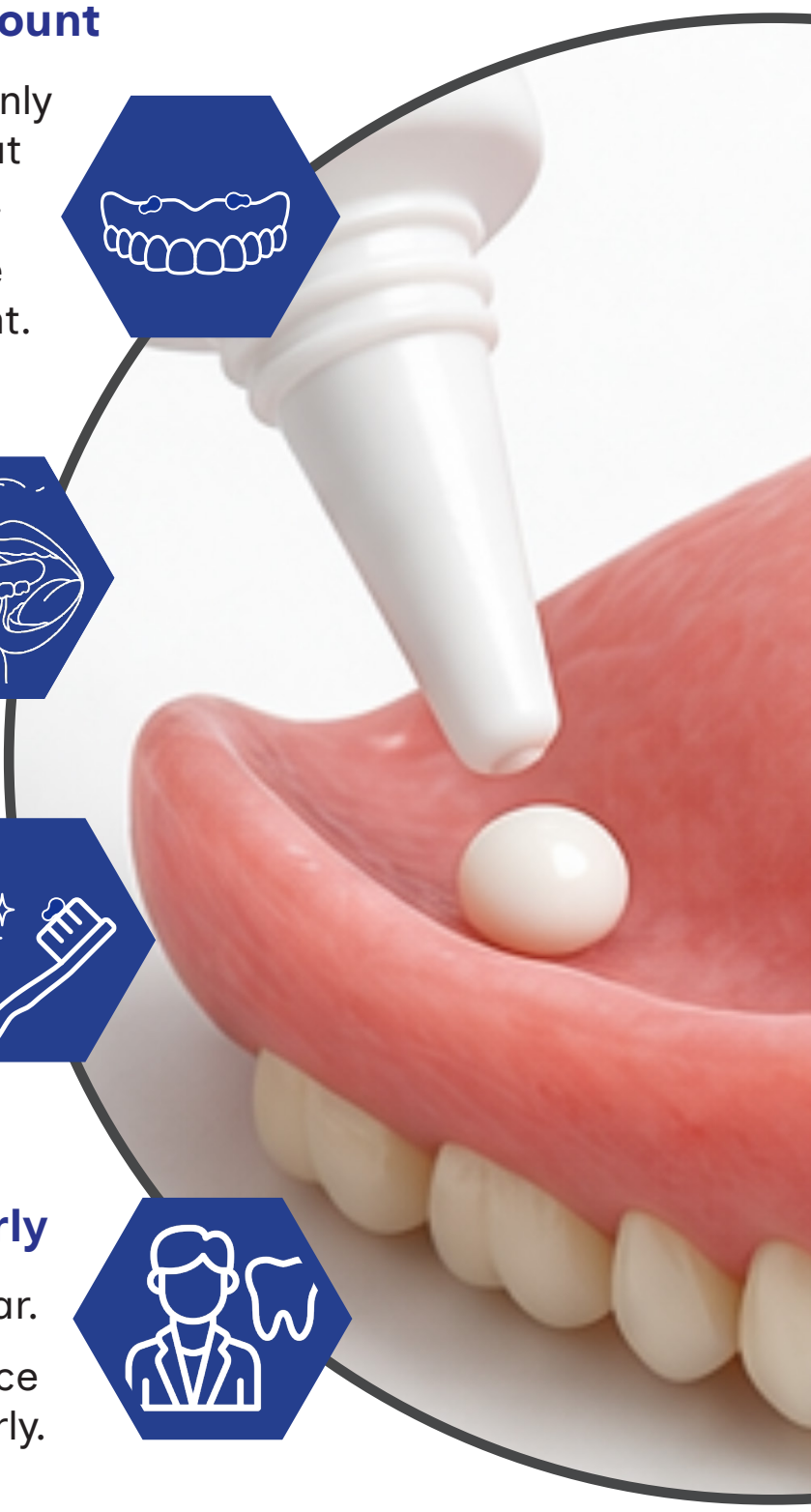
Thorough cleaning is essential. Everyday you should remove all denture adhesive residue, clean your denture, your gums, tongue and palate.

Always remove dentures before bed. Daily removal helps prevent irritation and infection.

Review regularly

See your dental professional at least once a year.

Adhesives help well-fitting dentures. They should not replace relining or remaking dentures that no longer fit properly.



Important advice:

- *Do not use excessive amounts of adhesive.*
- *Choose zinc-free products where possible.*
- *Seek advice if you experience soreness, numbness, tingling, or increasing looseness.*

This guide has been produced by the Oral Health Foundation and Haleon.

For more information and expert guidance on caring for dentures please visit

www.dentalhealth.org/dentures

Safe use of denture adhesive with partial dentures

This section applies to removable partial dentures retained by clasps, precision attachments, or implant components, and used alongside remaining natural teeth.



Check first

While both complete and partial dentures should achieve retention through good fit, evidence shows that appropriate adhesive use can improve comfort, chewing ability, and denture stability.

Apply carefully (if advised)

If recommended, apply a very small amount to the plastic or metal partial denture base only. You should avoid placing adhesive near clasps or metal attachments. Excess adhesive may affect fit and increase plaque build-up around natural teeth.

Clean thoroughly every day

Every night you should remove the denture, clean the denture including around the clasps, remove any denture adhesive residue, and clean your natural teeth carefully.

Pay special attention to brushing around abutment teeth to reduce risk of decay and gum disease.

Monitor your teeth and gums

See your dental professional promptly if you notice:

- Food getting trapped.
- Increased looseness in the fit of the denture.
- Soreness caused by your denture.
- Changes in bite.

Important advice:

- *Partial dentures rely on natural teeth for support.*
- *Poor oral hygiene increases risk of tooth decay and gum disease.*
- *Adhesives should only be used under professional guidance.*
- *Adhesives shouldn't be used to compensate for a poorly fitting denture.*

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