

Children's Physiotherapy Service

An information guide



Children's Physiotherapy Services

Introduction

We are the Paediatric Physiotherapy Team based at the Bury Living Well Centre but also across a wide range of community settings.

We provide a physiotherapy service for children and young people with additional physical needs or a disability, from birth to 16 years old (up to 19 years if in special education).

A paediatric physiotherapist is a qualified healthcare professional with specialist skills, expert knowledge and experience of child development. They are trained to provide assessment and treatment for children with physical difficulties due to injury, illness or disability.

Our aims

Our aim is to facilitate independence and quality of life with our patients through high quality physiotherapy assessment, treatment and advice.

We aim to empower parents, carers and children to manage their needs independently in the community.

How do you access our service?

You need to be referred by one of the following:

- GP or Consultant in Tertiary Care
- Another health professional e.g. occupational therapist, health visitor

Consent

Your consent is required prior to assessment or treatment of your child. You have the right to withdraw your child from therapy intervention at any stage.

Assessment

This will involve asking a series of questions and a physical examination to help us understand you/your child's needs and what we can do to help.

Treatments

Our treatments are individualised for each child following the findings from our assessments.

This may include:

- Exercise programmes which will be supervised by a physiotherapist but may also be continued at home
- Group exercise classes where appropriate
- Provision of appropriate equipment, e.g. walking or standing frames
- Advice and education regarding positioning, posture management and safe equipment use
- Referral to other agencies where appropriate
- Joint working and advice given to other professionals and carers if needed

How often do I need to see a physiotherapist?

Depending on the findings from your initial assessment, some children will require advice only; others will have a course of treatment over a few weeks, others may need to be seen over a longer period.

We pride ourselves in providing expert education, treatment and advice to our patients and families, so they can achieve self-management of their conditions in the community whenever possible.

Who can we help?

- Children who have had an accident or injury
- Children with joint pain
- Children with physical problems which cause difficulty with movement and co-ordination
- Children with delayed development

Where do we work with children?

- The Bury Living Well Centre
- The child's home (if meets applicable criteria)
- Nurseries and playgroups (if meets applicable criteria)
- Special schools (if meets applicable criteria)
- Mainstream schools (if meets applicable criteria)

Patient Advice and Liaison Service

The Patient Advice and Liaison Service (PALS) acts on behalf of service users, families and carers to negotiate prompt solutions and help bring about changes in the way that services are developed.

As well as providing a confidential advice and support service, PALS will help guide you through the different services available from the NHS.

We have PALS Offices located on each of our hospital sites at Fairfield General Hospital, Rochdale Infirmary, Royal Oldham Hospital and Salford Royal Hospital.

You can contact the team by telephone or email:

Telephone: 0161 778 5665

Email: pals@nca.nhs.uk

Or you can drop into one of the PALS Offices on site. The PALS departments are open between 09:30 and 16:30, Monday to Friday.

Alternatively, you can write to:

PALS Department, The Northern Care Alliance NHS Foundation Trust, Unit 7/8 Whitney Court, Southlink Business Park, Hamilton Street, Oldham, OL4 1DB

Comments and complaints

We want to learn from comments and complaints about our services. If you have any, please speak with a member of staff. Every effort will be made to resolve any concerns and complaining will not cause any difficulties in your care with us.

Contact Details

Email:

office.complaints@nca.nhs.uk

Telephone:

0161 656 1141

In Writing:

Complaints Department, Unit 7/8 Whitney Court, Southlink Business Park, Hamilton Street, Oldham, OL4 1DB .

Contact Us

Bury Living Well Centre

Morley Street,

Bury,

BL9 9JQ

Telephone: 0161 206 0657

Or service is available Monday to Friday from 8:00am – 4:00pm

Feedback

We welcome your feedback on our service.

Please scan the following QR code to access our survey.



Copies of this leaflet are available in other formats (e.g. large print or easy read) upon request. Alternative formats may also be available via:

 www.northerncarealliance.nhs.uk

In accordance with the Equality Act we will make reasonable adjustments to enable individuals with disabilities to access our services. Please contact the service or clinic you are attending by phone or email to discuss your requirements.

If you need this leaflet in a language other than English please contact the NCA Central Interpretation Booking Office via the following details:

 **0161 627 8770** or Email:  Interpretation@nca.nhs.uk

 **07966 003 540** Mobile Text

 **Northern Care Alliance NHS Foundation Trust**

Mayo Building,
Salford Royal,
Stott Lane, Salford, M6 8HD

 Main switchboard: **Salford - 0161 789 7373**

 Main switchboard: **Bury, Oldham & Rochdale - 0161 624 0420**

 www.northerncarealliance.nhs.uk

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Date of publication: **June 2020**

Date of review: **January 2023**

Date of next review: **January 2025**

Ref: **PI (DS) 471**

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