

A safe and friendly space to express yourselves and support each other:

- Speak or listen in an LGBTQ+ safe space
- Be anonymous if you prefer
- Make friends / connections
- Talk about issues that are important to you
- Guest speakers
- Fun monthly quiz





Contact Kathryn Mellor – **kathryn.mellor@lgbt.foundation** for zoom details and further information

Join our online peer support group for people living with or caring for someone with dementia, who identify as LGBTQ+ (lesbian, gay, bisexual, trans, queer). We are here to provide you anonymity in a friendly and safe environment where you can share your experience or concerns with like-minded people.











