

		MON	TUE	WED	THU	FRI
<div>Bury</div> <div>December 2023</div>	4 <div>carers' HUB</div>	5 <div>RADCLIFFE DROP IN UNITED REFORMED CHURCH 10.30AM - 12PM</div>	6 <div>WEEKLY COFFEE MORNING BURY MASONIC HALL 10.30AM - 12PM Citizens Advice 1-1 sessions @ coffee morning</div>	7 <div>ART FOR WELLBEING - WREATH MAKING RADCLIFFE UNITED REFORMED CHURCH 10.30AM - 12.30PM Limited spaces - booking essential ART GROUP COSALEA CAFE, WALSHAW 11AM - 2PM</div>	1	
	11 <div>WHITEFIELD DROP-IN SIR ROBERT PEEL 1PM - 2.30PM Christmas special with Ukulele group & mince pies!</div>	12	13 <div>WEEKLY COFFEE MORNING (as above)</div>	14 <div>PRESTWICH DROP IN THE CROFT, ST HILDAS CHURCH 10.30AM - 12.30PM ART GROUP (as above) CITY CENTRE WALK - 11AM Call 0300 303 0207 or email jacqui.byron@burycarershub to book</div>	8	
	18	19 <div>RADCLIFFE DROP IN (as above)</div>	20 <div>CHRISTMAS PARTY BURY MASONIC HALL 10.30AM - 1PM Essential to book as lunch will be served</div>	21 <div>ART GROUP (as above)</div>	15	
	25 <div>Merry Christmas</div>	26	27	28	22	
	<div>CHRISTMAS WEEK - USUAL SESSIONS CANCELLED. CLOSED CHRISTMAS DAY & BOXING DAY 27th, 28th, 29th & 1st - CALL OFFICE ON 0300 303 0207 FOR SUPPORT & INFORMATION We understand the festive period can be tough, if you feel like you need extra support during this time, please contact the Samaritans on 116 123 or the Getting Help Line on 0161 464 3679</div>					29
WEEKLY ONLINE links on FB			REIKI 2PM - 3PM YOGA FLOW 6.15 - 7.30PM	YOGA NIDRA 7pm (Guided meditation)		