

## CAMHS referral prompts

*The following has been devised to support referrers with what questions to ask and what information to include when referring to CAMHS.*

Have the family been informed of SPOE? (We are a single point of entry and may redirect a referral to an appropriate service)

Has the young person consented to the referral? Does the child need to be seen prior to referral?

### Questions to ask and include:

- Presenting problem (symptoms of mental illness)
- Impact on functioning / Duration of the problem
- Appetite or sleep issues
- Significant loss/ Family dynamics
- Which school does the young person attend? Any attendance issues
- Any family history of mental health
- Thoughts of deliberate self-harm
- Suicidal ideation? Plans or intent. Duration/frequency of thoughts
- Risk to others
- Protective factors, what keeps the young person safe
- Any other support the young person has accessed
- Substance misuse
- Safeguarding concerns

[pcn-tr.burycamhscypiapt@nhs.net](mailto:pcn-tr.burycamhscypiapt@nhs.net)

Num: 0161 716 1100

24/7 mental health helpline - 0800 014 9995

