

Dementia Groups and Activities – Updated July 2024

Bury Council do not promote or endorse any of the services listed in this directory. For more information on this please read the disclaimer at the end of the list.

<p>Dignifying Dementia organise social gatherings for people living with dementia, their family, friends and carers in Bury. They also host regular carer’s nights around Bury as well as dementia awareness sessions.</p> <p>Merrie Melodies is a free singing group where they sing along to songs from the 50s-70s. Refreshments provided. The group meets at St John’s Church, Kirklees St, Tottington, BL8 3NJ on Wednesdays 1-3pm.</p> <p>Merrie Melodies is a free singing group on Thursdays in Prestwich. 1-3pm at The Cottage behind Our Lady of Grace Church, Fairfax Street, Prestwich, M25 1AS . Refreshments provided. You can use the carpark behind the Church entrance on Highfield Road. We do not charge to attend</p>	<p>Contact 07592948878 (please leave a message and someone will phone you back) or email: dignifyingdementia@gmail.com</p>
<p>Evergreen Group support those living with dementia and their family/carers. Socialise, sing and have fun. Tea/coffee biscuits. Recommended donation £1. When: Every Monday 1pm – 3pm Where: FGRS Community Hub, Bury Football Club, Gigg Lane, BL9 9PU</p>	<p>Email: help@fgrscommunityhub.co.uk or call 07384 323 684</p>
<p>Rekindle is a friendly & relaxed place for persons with memory loss and their supporting adult. Come for a cuppa & chat and meet new people. Activities, crafts, music, tombola and entertainment. Where: Radcliffe & Stand United Reformed Church, Blackburn Street, M26 3WQ When: First Wednesday of every month. 1:30pm – 3:30pm</p>	<p>Email: rekindle@radcliffeurc.org.uk or call 0161 724 4187</p>

<p>Greenmount Village Community D-Caff is a meeting place for people living with Dementia, their carers, family and friends. Where: Canon Lewis Hall, Longsight Road, BL8 4DB When: Second Friday of the month between 1.15 pm and 3.15 pm.</p>	<p>Contact: 07704 297094 or email d-caff@greenmountvillage.org.uk</p>
<p>Musical Memories is a group sing-along event open to all who enjoy singing for fun, specifically designed to be user friendly for people with memory difficulties, dementia, learning disabilities and the people who care and support them. Where: Elms Community Centre, Green Lane, Whitefield, M45 7FD When: Every Friday 10am – 12pm.</p>	<p>Contact: 0161 222 0506 or email office@bury.org.uk</p>
<p>Online dementia support group for people living with or caring for someone with dementia, who identify as LGBTQ+ (lesbian, gay, bisexual, trans, queer). A safe and friendly space to express yourselves and support each other,</p> <ul style="list-style-type: none"> • Speak or listen in an LGBTQ+ safe space • Be anonymous if you prefer • Make friends / connections • Talk about issues that are important to you • Guest speakers • Fun monthly quiz <p>When: First Tuesday of the month 2pm - 3.30pm.</p>	<p>Email Kathryn Mellor: kathryn.mellor@lgbt.foundation for further information</p>
<p>The Get Together Club provide support and advice from the Alzheimers Society. Fun activities for all. Safe and welcoming space. Free refreshments. Where: Goats Gate Inn, 83 Radcliffe New Rd, Whitefield, M45 7QZ When: Every Tuesday 11am - 1pm.</p>	<p>https://m.facebook.com/groups/827647495784630/</p>

<p>Outreach Forget Me Not Group is a free activity group for people living with dementia and people with learning disabilities. They offer a mixture of singing, bingo, games, puzzles and crafts. There are percussion instruments available to play. There is free parking in the area, a café and a fully accessible bathroom with bathing facilities. Where: Outreach, 35-37 Blackburn St, Radcliffe, M26 1NR. When: Tuesdays 1-3pm</p>	<p>Contact: bev.shaw@outreach.co.uk</p>
<p>Forever Friends is a group set up to tackle loneliness and social isolation amongst older people. Not specifically for people with dementia. Free group and free refreshments are provided. Where: Radcliffe Borough Football Club, 4 Colshaw Close East, Radcliffe, M26 3PE When: every Wednesday between 1.00 pm and 3.00 pm</p>	<p>Call: 07720 458 876</p>
<p>Swimming – Castle leisure centre offers a relaxed, quiet and friendly swimming session in the training pool. Family changing rooms are available. £4.50 per person, carers go free if supporting someone with Dementia. Where: Castle Leisure Centre, Bolton Street, Bury, BL9 0EZ When: Every Thursday between 12.00 noon and 1.00 pm.</p>	<p>Call: 0161 253 7000</p>
<p>Wellness classes from Bury Live Well are held throughout the borough Monday – Friday. Classes include fitness, strength and balance, badminton, walking football, chair based exercise, aqua tai chi.</p>	<p>Call: 0161 253 7000</p>

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The accuracy of the information received from the above companies

The suitability of services for a particular purpose

The quality of the services provided

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