## Looking after your teeth during pregnancy



Looking after your teeth during pregnancy

Find out more about looking after your teeth and gums during pregnancy



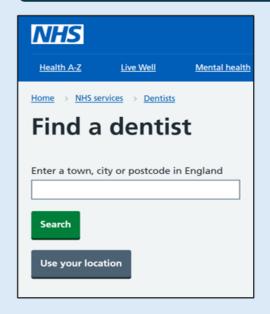
#### Please visit

https://theburydirectory.co.uk/loo king-after-your-teeth-duringpregnancy

Or scan the QR code below for practical information on protecting your teeth during pregnancy.



# Help to find an NHS dentist



If you need help to find a local NHS <u>dentist</u> please visit:

https://www.nhs.uk/servicesearch/find-a-dentist

## Check if you can get help with dental costs and other NHS costs



### You could get help to pay for:

- NHS prescriptions
- NHS dental treatment
- •sight tests, glasses and contact lenses
- travel to receive NHS treatment
- •NHS wigs and fabric supports

Use the following link to check eligibility https://www.nhsbsa.nhs.uk/check-ifyoure-eligible-help