

Meridian

Short break services for children and young people with autism aged between 5 and 17 years

together trust
residential services



Welcome to Meridian

Meridian is a large community based home that provides short break care and support for up to five young people with autism spectrum conditions (ASC) at any one time. Accredited by the National Autistic Society, Meridian provides a secure, well-equipped outdoor play area, sensory/low stimulus rooms, very pleasant communal living and a kitchen area where young people are encouraged to develop their life skills.

Meridian is based in Stockport, Greater Manchester in a busy community close to local shops and amenities, including a shopping area, bus stops, and a train station



"My son loves coming to Meridian, he enjoys interacting with staff, choosing his trips out and how he spends time." Parent 2013





“My two sons get very excited when coming to Meridian. They clearly love the whole experience. My sons are treated as individuals, staff work very hard to understand their needs.” Parent 2013

Meridian offers:

- Planned short breaks for children and young people who have autism spectrum conditions (ASC)
- Increased learning, social integration and recreational opportunities
- Care from a team of dedicated individuals experienced and trained in understanding the needs of children and young people with autism
- Opportunities for a range of fun activities and community events
- A partnership working approach with parents/carers to provide continuity of approach and care
- A child/young person centred service
- A truly friendly and welcoming environment
- Direct payment uptake. The Together Trust is committed to choice for disabled children, young people and their families
- Assistance with transition and person centred planning.

Our specialism

Staff are trained in accredited behaviour management approaches, P.E.C.S, Makaton and ASC specific training. Our staff liaise closely with education and multidisciplinary teams on an ongoing basis.

Meridian understands that there is no ‘one size fits all’ approach to supporting

young people in our care, therefore our person centred planning processes are vital in developing a service around the young person. Promoting ways to enhance a sense of safety and security; which will enable them to flourish and develop by supporting their individual needs.



together trust
real differences for real lives



Community and outreach services

in Greater Manchester, Cheshire and Lancashire providing autism specific support to families at home and in the community.



Day services

in Stockport, Oldham and Bolton for adults with special needs, including autism.



Family support services

our teams of qualified clinical and educational psychologists, speech and language and occupational therapists offer support tailored to the individual needs of children and adults.*

Meridian is part of the charity the Together Trust, a leading specialist education, community and care provider and is supported by other Together Trust services including consultancy from clinical psychologists and play therapists. Our experienced and highly specialist teams work closely with young people, parents, carers and other professionals.

We also offer a range of ASC interrelated services, including:



Residential care and shared care in Greater Manchester

for children and young people with autism and associated challenging behaviour.*



Specialist NAS accredited education.

for those pupils and students aged 4 to 25 years with autism.*



"The staff at Meridian are knowledgeable, approachable, professional and very supportive. I can't thank them enough."

Parent 2013

Together we can...

'Together Trust'... our name reflects a recognition that we cannot change young people's worlds alone, but together we can get things right. Together we can build the resilience that allows young people to face the world with hope; and to experience the feelings of joy and happiness that everyone deserves.

Our togetherness involves rooting our work in a set of core values that underpin and flow through everything we do, as we seek to encourage the blossoming of our young people; nurturing their growth, resilience and trust.

Rooted in our values

Our service is constantly evolving to meet the ever changing needs of young people. All our plans are part of a dynamic process of growth and development rather than documents that sit in a file, unheeded. Although young people and the plans associated with them may change, our work remains rooted in seven core values:

- Person-centred provision
- Positive Behaviour support
- Participation
- Protection/safeguarding
- Parity – promoting equality and valuing diversity
- Promoting excellence
- Partnership.







The Together Trust is a charity that has been operating for over 140 years. We believe that everyone deserves an equal chance in life and everyone has the right to experience joy, safety, happiness and hope. By providing education, care and community services to children, young people and adults the Together Trust aims to do everything in its power to make that happen

To make a referral or enquire about placements please contact:

Together Trust Residential Services

t: 0161 283 4871 **e:** referrals@togethertrust.org.uk

Emergency referrals: 0800 013 0014 (24 hours)

For further information about our range of services please contact:

General enquiries

t: 0161 283 4848 **e:** enquiries@togethertrust.org.uk

www.togethertrust.org.uk

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