

Mouth care assessment guide

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| Lips |  <p>Pink & moist</p> |  <p>Dry, cracked, difficulty opening the mouth</p> |  <p>Swollen, ulcerated</p> |
| Action | None | Dry mouth care | Refer to DOCTOR |
| Tongue |  <p>Pink & moist</p> |  <p>Dry, fissured, shiny</p> |  <p>Looks abnormal, white coating, very sore/ulcerated</p> |
| Action | None | Dry mouth care | Refer to DOCTOR |
| Teeth & Gums |  <p>Clean, teeth not broken or loose</p> |  <p>Unclean, broken teeth (no pain), bleeding/inflamed gums</p> |  <p>Severe pain, facial swelling</p> |
| Action | 2x daily toothbrushing | Daily toothbrushing, clean the mouth | Refer to DOCTOR |
| Cheeks, Palate & under the Tongue |  <p>Clean, saliva present, looks healthy</p> |  <p>Mouth dry, sticky secretions, food debris, ulcers <10 days</p> |  <p>Very dry/painful, ulcers >10 days, widespread ulceration, looks abnormal</p> |
| Action | None | Clean the mouth, dry mouth care, ulcer care | Refer to DOCTOR |
| Denture |  <p>Clean & Comfortable</p> |  <p>Unclean, loose, patient will not remove</p> |  <p>Lost</p> |
| Action | Clean daily | Denture care, encouragement | DATIX if lost, refer to dental team if lost or broken |