# **ABC Recording for Hitting out Behaviours**

# **Guidance Notes for Completion**

* Please complete the sheet **as soon as possible** after the behaviour takes place
* Please complete the form in **as much detail as possible**, answering the questions for each section listed below
* Please put your name on the form and include the date and time the behaviour occurs

**Antecedents**

1. What had the child been doing **immediately before** the behaviour started?
2. Where did it happen?
3. **How long** had he been doing this?
4. **Where** did the behaviour first start?
5. What were other children and staff doing before the behaviour started?
6. Was there a change to the routine?
7. What were the lights and sound like?
8. Was the child asked to do anything or to stop something?
9. How had the child’s mood been generally that day e.g. happy, sad, angry, withdrawn, tired or distressed?

**Behaviour**

1. How did the behaviour **start**?
2. How did it **develop**? i.e. what were the various behaviours
3. How **long** did each behaviour last?
4. What was the intensity of the behaviour like e.g. on a scale of 1- 5 where 1 is not very intense to 5 very intense?
5. How did the child look during the behaviour - facial **expression**/ **body language**?
6. How would you describe the child’s **mood during the behaviour**?

**Consequence**

1. What **exactly** did you do in response to the behaviour when it **first** started?
2. What did you say?
3. Did the child receive more or less social contact/attention?
4. Were the demands of a task/request withdrawn?
5. Was the child given a drink/food/activity?
6. Did the gain sensory stimulation?
7. How did your response change as the behaviour continued?