



# Keeping People Connected



With the help of the National Lottery, Bury People First have a new helpline to support people with learning disabilities.

We know the COVID -19 crisis is a difficult time for everybody, especially if you're feeling lonely and isolated.

The telephone helpline offers friendly support from experienced workers.

We are connected to local health, social care, and voluntary organisations.

We can provide information and support to help people to feel less isolated.

**The helpline will be available Monday - Saturday 11 am - 8pm**

**Contact:**



**07951596273**



**admin@burypeoplefirst.co.uk**

## Information for professionals

Bury People First is a self-advocacy organisation run by and for people with learning disabilities. We offer a range of support activities for people who live in the Bury area.





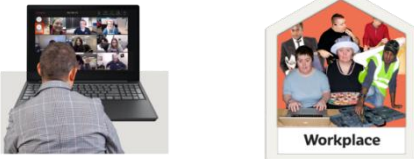
We know that since the COVID-19 pandemic, more people have become increasingly lonely, scarred, and isolated. We also know that people with learning disabilities are more susceptible to respiratory illness and other health conditions and may be more vulnerable to COVID-19. In addition to this, we know that many people usually manage without support but may be finding it difficult during this time.





The helpline is available to provide information and to connect people to local services and support.

We have an experienced staff team who are familiar with the needs of people with learning disabilities.

If you think someone you are working with needs support contact the helpline.

## Bury People First Support Services

	<p>Self- advocacy and peer advocacy supporting people to feel confident about speaking up</p>
	<p>Advocacy support - for people who are finding it difficult to speak up for themselves and need a community advocate to do this on their behalf</p>
	<p>Weekly zoom activity sessions to help people to connect during the lockdown</p>
	<p>Weekly information zoom sessions offering updates on COVID-19 developments, staying healthy during the lockdown and other topics of concern, all in an easy to understand format.</p>
	<p>Zoom Pre-Employment workshop Support for people interested in the world of work</p>

 	<p>Funding for laptops and tablets to help people to connect during the lockdown</p> <p>*</p>
 	<p>Funding for activities people can do at home</p> <p>*</p>

- Funding is limited and therefore available to those most in need.