

# Registering for Sainsburys Online

## What you will need: a bank card and a working email address

1. In order to shop with Sainsburys online you need to have a Sainsburys online account. these steps will explain how to reigester if you don't have one.
2. Open your web browser and type in [www.sainsburys.co.uk](http://www.sainsburys.co.uk) into the address bar. You will come to a page like the one below

The screenshot shows the Sainsbury's website homepage. At the top, there is a navigation bar with the Sainsbury's logo, a search bar, and links for Help centre, Jobs, Store locator, and Log in. Below the navigation bar, there is a banner for 'Offers' featuring a large red circle with the word 'Offers' in white. To the left of the banner, there is a section for 'Summer offers' with two buttons: 'Shop picnic offers' and 'Shop all offers'. Below the banner, there are two promotional tiles. The first tile is for 'Price Lock' and features a red padlock icon with the text '£ PRICE LOCK'. It shows various beauty products with prices like £2, £2.95, and £1.50. The second tile is for 'Food to order' and features a red circle with the text 'Food to order Sainsbury's'. It shows various food items like a salad, sushi, and desserts. Below the 'Food to order' tile, there is a button that says 'Order now'.

3. Click log in in the top right hand corner of the screen and then click 'Groceries'. You will then be asked for your email address, enter you email address and then your post code, Sainsburys will check if they currently deliver to your area. If you are registering for the first time you will be sent an email to confirm you have a working email address. Open your emails and wait for the confirmation email from Sainsburys.

Click the 'verify email address' box. You will then be taken to a page which will ask you to inout your personal details. These include your name, address, telephone number, nectar card number.

## Welcome to Sainsbury's Groceries

Email address

Continue

## Sainsbury's

You're nearly there.

Welcome to Sainsbury's. Before you get started we need to quickly verify your email address. Click the link below and follow the instructions to create your account. Please note this link is only valid for 4 hours.

[Verify email address](#)

Best wishes,  
Sainsbury's Online Team

Need any help? [Help centre](#) [Contact us](#)

This email and any files transmitted with it are confidential and intended solely for the use of the individual or entity to whom they are addressed. If you have received this email in error please notify the system manager ([postmaster@sainsburys.co.uk](mailto:postmaster@sainsburys.co.uk)) and delete it from your system.

Sainsbury's Supermarkets Ltd (2051722 England)  
Registered Offices: 33 Holborn, London, EC1N 2HT

Sainsbury's Argos is a trading name of both:  
1) Argos Limited, Registered office: 489-499 Anebunby Boulevard, Milton Keynes, United Kingdom, MK9 2NW, registered number: 01081551 (England and Wales); and  
2) Sainsbury's Supermarkets Limited, Registered office: 33 Holborn, London, EC1N 2HT, registered number: 03261722 (England and Wales).

All companies listed above are subsidiaries of J Sainsbury plc (185647).

You are then asked to make a password this password must contain the following:

- At least 8 characters in length
- A minimum of 1 uppercase letter (A-Z)
- A minimum of 1 lowercase letter (a-z)
- A minimum of 1 number

The password must not contain: any spaces, your first name or surname or your email address.

You will then be asked to agree to the terms and conditions these can be read by clicking the words terms and conditions (these are underlined).

You will then be asked if you would like to receiving marketing promotional material from the Sainsbury's group or from Sainsbury's supermarkets.

Once you have completed all the above steps click 'Register'.

### Terms and conditions

We want you to know exactly how our service works and why we need your registration details. Please state that you have read and agreed to these terms before you continue.

I agree to the terms and conditions.

### Communications preferences

As a valued customer, we'd love to stay in touch with you with things like offers and ideas. Please be assured, we'll always treat your information carefully as described in our privacy policy.

Would you like to hear about offers and ideas from the Sainsbury's Group?

- Yes please  
 No thanks

If you'd like, you can hear from Sainsbury's Supermarkets Ltd only

I'd like to hear from Sainsbury's Supermarkets Ltd

We won't send you marketing messages if you tell us not to, but we will still need to send you occasional service-related messages. You can change your mind anytime by going to My Account and changing your preference settings.

Register

4. You are now registered with Sainsburys online and can 'book a delivery' for your shopping. Click the picture above 'Book a delivery'.

Ready to start shopping?

Let's get started...



Book a delivery



Book a collection



Start shopping

Book Delivery							
Show: All Day (7:00am - 11:00pm)	Week 1						
Time	Fri 10 Jul	Sat 11 Jul	Sun 12 Jul	Mon 13 Jul	Tue 14 Jul	Wed 15 Jul	Thu 16 Jul
Morning delivery							
7:00am - 8:00am	—	£7	—	—	—	—	—
7:30am - 8:30am	—	—	—	—	—	—	—
8:00am - 9:00am	—	—	£6.50	—	—	—	—
8:30am - 9:30am	—	—	£6.50	—	—	—	—
9:00am - 10:00am	—	—	£6.50	—	—	—	—
9:30am - 10:30am	—	—	£6.50	—	—	—	—
10:00am - 11:00am	—	—	£5.50	—	—	—	—
11:00am - 12:00pm	—	—	£4.50	—	—	—	—
Afternoon delivery							
12:00pm - 1:00pm	—	—	£3	—	—	—	—
1:00pm - 2:00pm	—	—	£2.50	—	—	—	—
2:00pm - 3:00pm	—	—	£2.50	—	—	—	—
3:00pm - 4:00pm	—	—	£2.50	—	—	—	—
4:00pm - 5:00pm	£4	—	£3	—	—	—	—
4:30pm - 5:30pm	—	£4	£3	—	—	—	—
Evening delivery							
5:00pm - 6:00pm	—	£3	£2	—	—	—	—
5:30pm - 6:30pm	—	—	£2	—	—	—	—
6:00pm - 7:00pm	—	—	£2.50	—	—	—	—
6:30pm - 7:30pm	—	—	£2.50	—	—	—	—
7:00pm - 8:00pm	—	—	£2.50	—	—	—	—
7:30pm - 8:30pm	—	—	£2.50	—	—	—	—
8:00pm - 9:00pm	—	—	£1.50	—	—	—	—
9:00pm - 10:00pm	—	£2	£1.50	—	—	—	—
10:00pm - 11:00pm	—	£1	—	—	—	—	—

5. You will then be given the availability delivery slots across the first available dates. You can change the dates you are viewing by clicking the drop down box next to the word 'Show'.

Once you find a delivery slot that you are happy with click on the slot. Please note that the prices of each delivery slot vary depending on the time but are displayed when looking at availability. You will then see the confirmation of your delivery slot. Then click 'Start Shopping'.

Your delivery slot has been reserved until 2:47pm today

Close X

Please check out before then to guarantee your slot

Date and time: Sunday 12 July 2020, 3pm-4pm [Change](#)

Delivery cost: £2.50

Delivery address: M26 3XY

Quick links to get you started...

[View Offers](#)

[View Favourites](#)

[Start shopping](#)

5. The final part of the registration form is under the heading Marketing Communications. In this section you are asked to tick the box if you would like be kept updated on when slots are available. You are then required to click the tick box next to I'm not a robot in order to complete a security check. Once this is completed you need to click 'Create Account'.


### Marketing Communications

Whilst slots are going fast and are in high demand for all grocers, keep me updated on when slots become available.

I'd like to receive money-off promotions, special offers and information on the latest deals and more from Iceland by email, SMS and other digital channels.

By registering, you agree to our [Terms and Conditions](#) and confirm that you are over 18.

Our Privacy Policy can be found [here](#)

I'm not a robot 

[Create Account](#)

6. You will then be taken back to the homepage. You then need to click 'Book Delivery'.



**100s OF PRODUCTS**  
**£1 & UNDER**  
[Shop Now](#)

 **Free Next Day Delivery**  
When you spend £35 online

Next available delivery for M26 1WR:  
06:00 - 08:00, 9th July [Book Delivery](#)







7. Iceland will now show you all the available delivery slots. You can select an available delivery slot by clicking Book Delivery. A confirmation window will appear. If you would like to book the slot you have selected click 'Continue Shopping.'

Available times: 9th July – 9th July

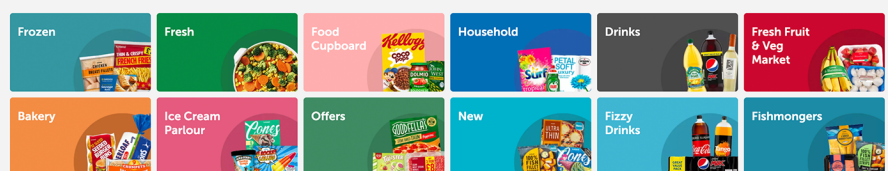
Thursday	Thursday	delivery time!
9th July	9th July	<a href="#">Book delivery</a>
06:00 - 08:00	<b>Your delivery time:</b> 12:00 - 14:00, Thursday 9th July  <b>We'll deliver to:</b> Radcliffe Lib Bury Metropolitan Borough Council, Radcliffe Library, Stand Lane, Radcliffe, Greater Manchester, Manchester, M26 1WR  <b>Delivery Charges</b> £2 delivery or FREE over £35  This delivery reservation will expire after 01:21 <a href="#">Change Delivery Time</a> <a href="#">Continue Shopping</a>	<a href="#">Book delivery</a>
09:00 - 11:00		<a href="#">Book delivery</a>
12:00 - 14:00		<a href="#">Book delivery</a>
15:00 - 17:00		<a href="#">Book delivery</a>
18:00 - 20:00		<a href="#">Book delivery</a>
21:00 - 23:00		<a href="#">Book delivery</a>

You will return to the home page and will have 55 minutes to complete your shopping.

8. To complete your shopping you can either click the [Menu](#) button which will bring up categories such as Fresh, Frozen, Bakery etc or you can scroll down there is a section called Popular Categories. You can also search for any items you would like by typing them into the search bar at the top.

-  My favourites
-  Frozen >
-  Fresh >
-  Food Cupboard >
-  Drinks >
-  Household >

### Popular Categories



Iceland

Search Groceries...



9. You will then find yourself on a page entitled 'Before you go' this page is a promotional page where Sainsburys try to get you to purchase more items. At the bottom of the screen in a small orange box the word 'continue' is found. Click continue to process your order.

Checkout: Before you go

Order summary

Continue

10. An order summary including, cost, delivery date and delivery address will then appear on the screen, check these are correct and then scroll down to the section which will ask you to input your payment details.

Once you have inserted your name as it appears on the card, your card number and the expiry date click place order and you have placed your order with 'Sainsbury's'.

### Payment

#### Name on card

#### Card number

#### Expires end



Place order

11. You will then be taken to a completed order page which will confirm that your shopping has been ordered and will be delivered on the selected date.