



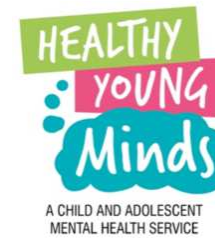
Getting More Help

In Bury it's our vision to develop a Children's mental health offer that is understood and easy to access. To support us in this we will begin to develop our Thrive model. As part of our combined endeavours to support the wider system as we move out of this lock down, we have mapped resources and support across the Thrive quadrants, these look like this

- *Thriving: support to maintain mental wellbeing*
- *Getting Advice: those who need advice and signposting*
- *Getting Help: those who need focused goal-based input*
- ***Getting More Help: those who need more extensive specialised goals-based help***
- *Getting Risk Support: those who have not benefitted from or are unable to use goals-based help but are of such a risk that they are still in contact with service*



Getting More Help



Healthy Young Minds (HYM) formerly known as CAMHS. HYM

Offers a specialist mental health service to children and young people who are experiencing emotional and mental health difficulties. The service offer includes:

- Routine assessment for ADHD and ASD (ages 5-18).
- Medication Treatment for ADHD until 18 years.
- Assessments and treatments for a wide range of problems including anxiety disorders, mood disorders, self-harm/risk to self and PTSD (ages 5-16).
- Transition service (ages 16-18) offers assessment and treatment for young people with severe emotional dysregulation and high-risk presentation.

Bury Early Intervention Service

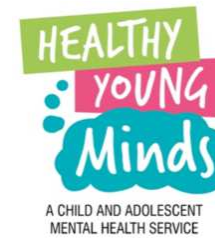
We work with 14 to 65 year olds who may be experiencing their first episode of psychosis. We also support those aged 14 to 35 who are at risk of developing psychosis.

We will work with you to look at the experiences you're having and how it affects you.

<https://www.penninecare.nhs.uk/buryearlyintervention>



Getting More Help



Advocacy

Referral

If you are a young person who feels they would like some support around substance use, or if you would like to refer a young person to us please download this [referral form](#) fill it in and scan back to info@earlybreak.co.uk

Support

Any young person referred to Early Break for substance misuse issues will be responded to within 24 hours. Advocacy Workers work with young people to gain a greater understanding of their needs and identify the support the young person may require. Early Break is a person-centred organisation which means the young person is always at the centre of the decision-making process.

Together, the worker and young person will look at goals the young person wants to achieve. This process is known as care planning and will normally cover a whole range of areas such as substance use, physical health, emotional health, sexual health, family, education, finance, and employment etc. Advocacy Workers offer one-to-one support, education and advice and offer harm reduction interventions. They have access to a doctor, holistic therapies and access to sexual health services. Sometimes the young person may only require a couple of sessions with an Advocacy Worker and other times they may work together for some time.

Contact Us If you are a young person who feels they would like some support around substance use, or if you would like to refer a young person to us, please get in touch on 0161 723 3880. Alternatively, please download this [referral form](#) fill it in and scan back to info@earlybreak.co.uk

Why not take a minute to look out our microsite Don't be a Zombie. Focused educating and informing young people around the harms and issues associated with drug and alcohol misuse. www.dontbeazombie.co.uk