

Guidelines for safe dry tooth brushing

- Supervisors to wash their hands before and after the session
- Supervisors to dispense a smear of paste onto the individual squares of paper towel
- Each child should collect their paper and sit in their space, following local social distancing guidance
- Dry brushing allows small amounts of fluoride to remain in the mouth strengthening those little teeth
- As children are not rinsing/washing their brushes this reduces the risk of water splashes
- Toothbrushes must be stored in the toothbrush rack with the bristles uppermost, this allows the bristles to air dry
- Toothbrush storage racks must be cleaned with hot soapy water using household gloves on a weekly basis

