

## Useful information

**Local Community Pharmacy** - Your local community pharmacies offer a wide range of services including information and general advice on symptom relief medicines as well as a prescription collection and delivery service.

For impartial and confidential advice or information on the services provided by Bridgewater or to receive this leaflet in an alternative format call our Patient Services team on 0800 587 0562.

 [www.twitter.com/Bridgewater\\_NHS](https://www.twitter.com/Bridgewater_NHS)

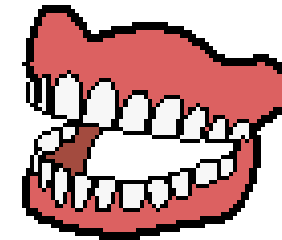
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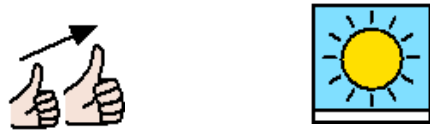
## Community Dental Service

### How to look after your dentures





New dentures can feel a little strange at first.



This should improve after a few days.



If your mouth becomes sore make an appointment to see the dentist.



Remember to wear your denture for a few hours before your appointment so the dentist can see where it hurts.



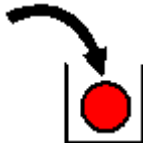
If you are having new dentures made ask the dentist to put your name on them.



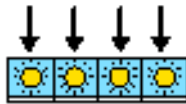
This is especially important if you have to stay in hospital as dentures can sometimes get lost.



Make sure you visit the dentist at least once a year to have your mouth checked.



Always leave your dentures in a container of cold water overnight.



Do not forget to change the water every day.



If you have partial dentures always take them out when you brush your natural teeth.



Always clean your dentures over a bowl or sink full of water.



If you drop your denture the water will stop it from breaking.



Brush your dentures twice a day with ordinary toothpaste.



The denture can be put in denture cleaner but always follow the manufacturers instructions.



Never leave your denture in denture cleaner overnight.



Never use bleach to clean your denture.



This might damage your denture.