

A Better Life Project; Intensive Personalised Support (IPS) for Children and Young People

Healthier, happier for longer - we make lives better





Too many children with learning disabilities and or autism end up in long-term care as a result of not receiving the appropriate/required support at home.

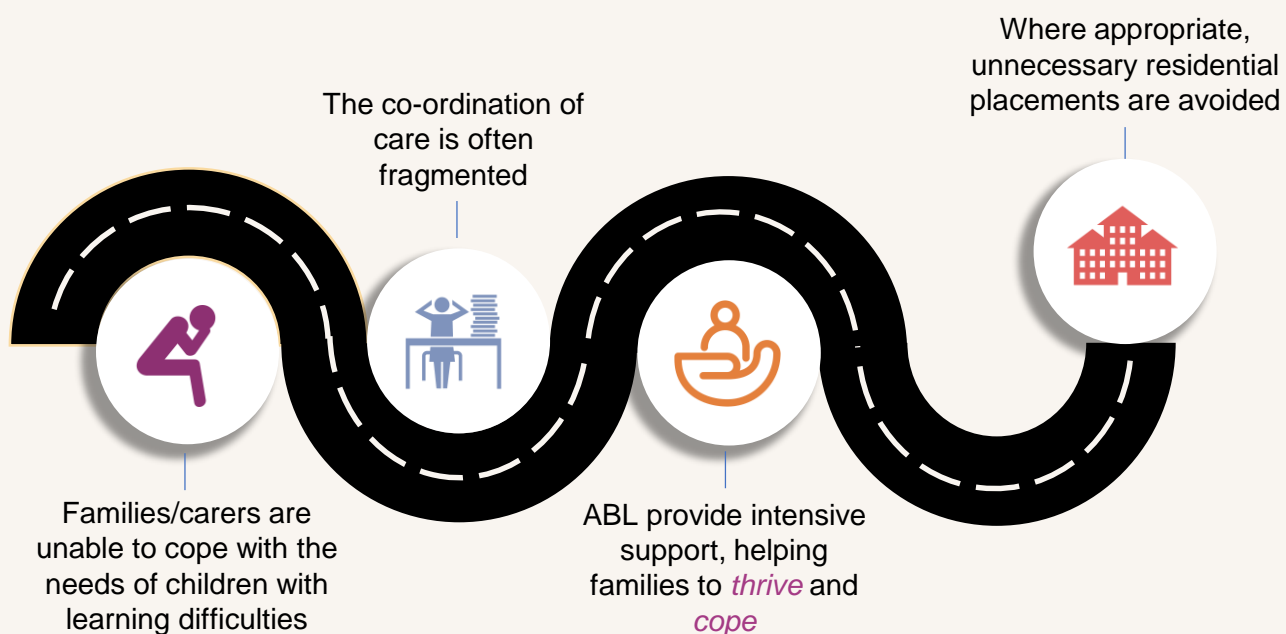
ABL have a solution...



The problem

Too many children end up in the care system, leading to broken family relationships and unsustainable rising costs to local authorities.

250 children with a learning disability or autism are in mental health hospitals in England

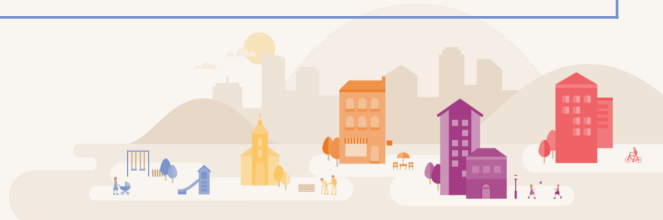


Children enter the care system because:

- There is a lack of co-ordinated resources
- Families/carers are not able to deal with behaviours that are challenging
- Limited or No support for families to help them cope

Children stay in the care system because:

- Poor systems/ lack of education
- Become institutionalised
- Lack of suitable options or alternatives



Solution – Identify early and intervene with personal support

The **Intensive Personalised Support Service** is based around *Positive Behaviour Support* (PBS) - an intensive person centered approach to support children/young people who display or are at risk of displaying behaviours which challenge.

40,000 children under the age of 18 are believed to display challenging behaviour

Intensive Personalised Support (IPS)



What

Specialist behaviour support service

- Delivery and co-ordination of evidence based behaviour plans
- Practical support and advice



Who

Multi-disciplinary approach

- Clinical psychologists
- Social workers
- Trained positive behaviour support workers
- Therapists (Play and Salt)
- Medical Director and GPs



Where

Consistent co-ordination of plans across all settings

- Home
- Extended family
- School
- Social groups



Why

Stability and improved outcomes for children

- Avoid crisis and avoidable referrals
- Reduce cost to the system which can be invested elsewhere

IPS involves understanding the child/young person as a whole. ABL's *holistic approach* considers mental/physical health and emotional needs to understand the reasons behind certain behaviours.

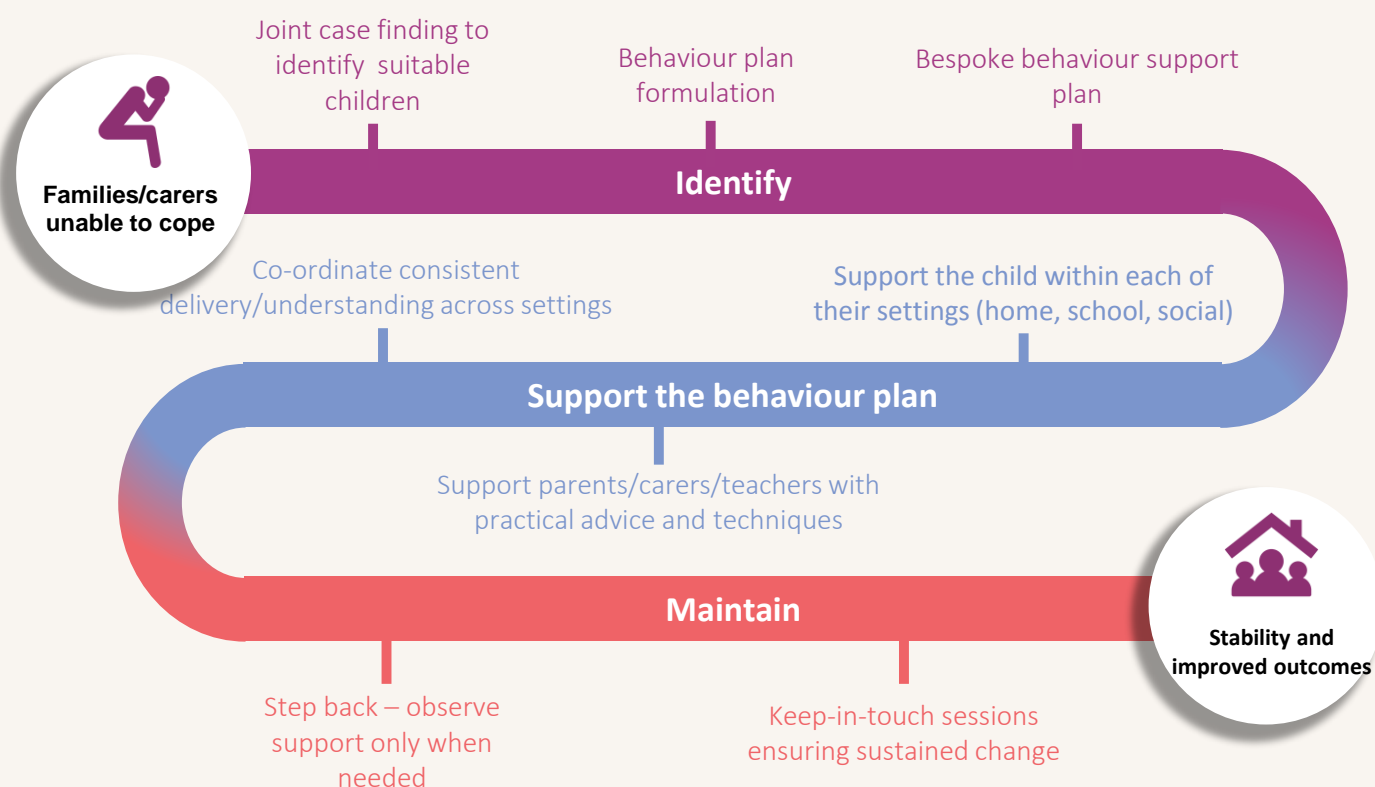


IPS in practice

IPS is a *psychology led* service, the aim is to keep children and young people on the edge of care at home with their families, and at their current school.

We focus on:

- Creating a supportive physical, psychological and social environment that meets the C/YP's needs
- Teaching C/YP new skills to replace challenging behaviours
- Using practical interventions as a tool kit



Client Journey:

1. Story Formulation and assessments
2. Behaviour plans
3. Intervention and ongoing evaluation of plans
4. Step back
5. Step away
6. Outcomes
7. Maintenance and support if required



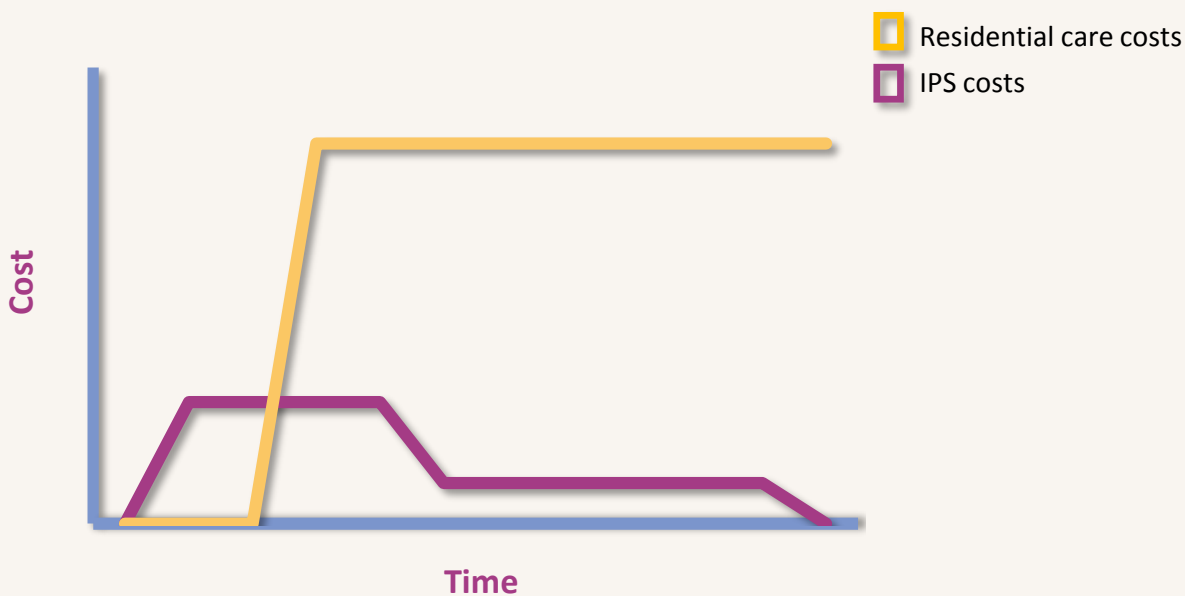
Our model changes the financial dynamic

Residential care and education places a significant financial burden on local authorities.

Commissioners often have little/no control over unplanned, high costs.

When a young person need to access services the cost can escalate quickly and are often high for a long duration, potentially over many years.

Residential and education placements can cost in the region of £300,000 p/a



ABL's model is more *financially sustainable* for commissioners.

ABL's initial costs for service delivery are significantly lower than the cost of residential placements, these *costs will reduce* when behaviours are better managed by all involved and IPS is no longer required.

The current financial situation in paying for full time residential and education is not sustainable for commissioning bodies



IPS Benefits

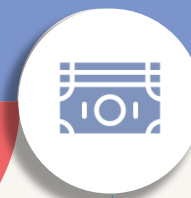
There are many benefits of IPS, providing the right support for a child/young person, their family/friends and professionals to help them *learn new skills* and lead a meaningful life.

IPS is not just about getting rid of problematic behaviour.



Reduction family breakdown

Reduction of children in care throughout their entire childhood and potentially into adulthood



Reduction in the number of high cost placements in residential care and education

Reduction in the numbers of children living far from home and the community they know

Reduction in budget spend by local authorities

Outcomes of IPS:

- Increased awareness of emotion
- Reduction in unhelpful behaviours
- Increase in adaptive behaviours
- Able to be supported at home by family
- More engaged in education
- Better understanding and support from education staff
- Greater sense of contentment



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