

Communities In Charge of Alcohol

What is an Alcohol Health Champion? (AHC)

A volunteer, enthusiastic about transforming local health and wellbeing, who is trained to:

- Give alcohol-related **brief advice** to individuals
- Help communities **influence local alcohol availability**.
- **Train others** to become AHCs

Where are the AHC's located?

We are based in Radcliffe with a focus on Coronation Rd and Water Street

What do AHC's do?

AHC is a volunteer, enthusiastic about transforming local health and wellbeing, who is trained to:

- Give alcohol-related **brief advice** to individuals
- Help communities **influence local alcohol availability**.
- **Train others** to become AHCs
- Have **informal conversations** about health with family, friends and Colleagues
- Provide **local support** for communities to get involved with licensing decisions
- Establish **Community action** against alcohol harm

- **Provide support**
- Signpost to **appropriate** relevant services
- Provide **brief Interventions**

What are AHC's not expected to do?

- Use detailed questionnaires or specialist techniques to assess people's drinking.
- Performing clinical tests (e.g. liver function tests)
- Put yourself at risk entering premises or conversations.
- Tell people to change

List of Useful Numbers

- One Recovery Bury, Humphrey House, Angouleme Way, Bury, BL9 0EQ. 0161-761-7434
- Early Break contact details, Annara House, 7-11 Bury Rd, Radcliffe, Manchester M26 2UG 0161 723 3880
- Bury Lifestyle Service, First Floor, Radcliffe Library, Stand Lane, Radcliffe, M26 1WR. 0161 253 7554
- Big Dual Recovery Group, The Old Court House, Tenterden Street, Bury, 07758737616
- Praxis Care Floating Support, Unit 57, Bury, Business Centre, 0161 761-2279
- For additional information go to www.burydirectory.co.uk