

Bury Post Covid-19 Syndrome Pathway

Individual presents to GP with enduring Covid Symptoms
(GP to code ongoing symptomatic Covid)

Urgent referral to hospital for acute post Covid symptoms and life threatening conditions

4 to 12 weeks

12+ weeks
(Or earlier where clinically appropriate)

GP assessment to exclude serious underlying pathology and differential diagnosis as per NICE guidance
<https://www.nice.org.uk/guidance/ng188>
May include; pulse oximetry, FBC, biochem, TSH, HbA1C, vit D, CRP, urinalysis, ECG, chest radiograph, mental health/cognitive screen and others as clinically indicated.

If individual has single service needs consider direct referral

Post Covid Syndrome diagnosed
(GP to code Post Covid 19 Syndrome)

Self management/supported self management

No (GP to code referral to post Covid assessment clinic)

SPOA Tier 2 Covid Assessment Service (all age)
Triage and Screening

Tier 3 NES MDT assessment for people with complex needs

- F2F assessment
- Respiratory Consultant/Nurse
- Respiratory Physiotherapist
- Fatigue Management
- Psychological medicine
- Occupational Therapist

Tier 2 MDT

- Respiratory Nurse/Coordinator
- Physiotherapist
- Live Well Service
- Psychological Medicine
- MoCA & 4AT Assesment
- Occupational Therapist
- Fatigue Management
- Primary care (optional)

Under 16s
Tier 3 RMCH Secondary Paediatric Post Covid Clinic

Tier 1 Self-care

Refer/signpost to third sector support:

- YourCovidRecovery Website
- Early Break
- Community Hubs
- Getting Help Line
- Live Well Service
- Healthy Minds
- Beacon Social Prescribing Service
- GM Resilience Hub – health and care workforce

GP follow up/management

Care planning

Care planning

Specialist referral for specific conditions:

- Occupational Therapy
- Physiotherapy
- Mental Health
- Dietetics
- COPD
- Diabetes Service
- District Nurse
- CSNT
- Oxygen Therapy – NMGH
- YourCovid Recovery Phase 2

Specialist referral for specific conditions:

- Mental Health
- Respiratory
- Occupational Therapist
- Physiotherapy
- INTs
- Group Therapy
- Oxygen Therapy –NMGH
- YourCovidRecovery Phase 2

Further diagnostic tests if required
Specialist referral for specific conditions:

- Neurology
- Cardiology
- Respiratory
- Mental Health
- Oxygen Therapy – NMGH
- YourCovidRecovery Phase 2

Refer to Tier 4 specialist acute services

Yes

Low acuity

Complex needs

Medium/high acuity

Under 16s

Tier 1 Self Care Services

Individuals with enduring Covid symptoms between 4 and 12 weeks

Individuals diagnosed with Post Covid Syndrome with ability to self manage/supported self management

Tier 1 Primary Care Services

GP assessment to exclude serious underlying pathology and differential diagnosis as per NICE guidance

GP to consider direct referral to services for individuals with existing conditions and single service needs

GP to code ongoing symptomatic Covid/Post Covid Syndrome/referral to post Covid assessment clinic in medical record

Covid Assessment Service can be contacted for professional advice

Tier 2 Covid Assessment Service

Individuals (including children and young people under the age of 16) where GP has undertaken clinically indicated investigations and ruled out any underlying issues

Individuals (including children and young people under the age of 16) diagnosed with Post Covid Syndrome and unable to be managed in primary care/Tier 1 services

Tier 3 Consultant Led Service

Individual has complex/ongoing issues after being seen by specialist service

Individual has persistent/worrying concerns such as chest pains, headaches etc

Children and Young people under the age of 16 to be seen in RMCH Secondary Paediatric Post Covid Clinic

Tier 4 GM Service

Individual requires acute specialist input