

The Brush Bus is at here in our playgroup!

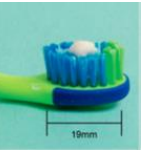
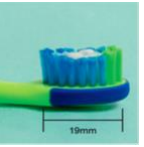
Tooth decay is most entirely preventable, Oral health really matters for our children

- We are working hard to promote good oral health for our children, supervised tooth brushing is part of the daily routine in our playgroup
- This helps to encourage children to brush their teeth from an young age and supports brushing at home
- Supervisors involved with tooth brushing should have completed the e-learning training tool, which guides staff to deliver a safe effective programme in-line with Public Health Guidance. Please ask us if this has been completed by our staff

[Supervised Toothbrushing in Early Years and Educational Settings | GMTH \(gmthub.co.uk\)](http://gmthub.co.uk)

- Each child is given their own toothbrush which will be replaced every term
- Supervisors will dispense toothpaste onto individual squares of paper towel
- Your child will be supervised when brushing their teeth
- Supervisors will ensure that toothbrushes are washed individually to prevent cross-infection
- The brushes will be stored hygienically in a toothbrush storage rack which prevents them touching each other
- It is very important that you keep brushing your child's teeth at home

- For children under three, use a smear of paste
- Increase to a pea sized blob of paste at three years old



- Encourage your child to brush the last thing at night and on one other occasion
- At home encourage your child to spit out, don't allow them to rinse out so they don't wash away that precious fluoride

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If **you would like** your child to take part in the scheme please fill in this consent form and return to our playgroup within 7 days

I would like my child
to brush their teeth whilst being supervised in the playgroup.

Signed..... Parent/Guardian