

Let's live well

LET'S
do it!

Whitefield

Who	Where	When	What	Cost	Contact
Eden Garden Allotments	- Eden Gardens, Derwent Avenue, Whitefield	N/A	- Refurbishment of the communal cabin	Rent fee for a plot	Bill Smethurst 0161 796 0698 edengardens251@gmail.com
Run Together Whitefield	- Hamilton Road Park, Whitefield	Every Tuesday 7pm - Booking required	- Couch to 5K programme, - Coaching scheme, - 5K to 10K programme, - Walking group and walk and talk weeks ran by mental health champions and first aiders.	Free	Sue Tickle runtogetherwhitefield@gmail.com RunTogether / RunTogether Whitefield /
Whitefield Painting Club	- All Saints Church Hall, Stand, Church Lane	- Monday 10-12 Costume/Portrait - Friday 10-12 Life Drawing	- To develop your artistic skills and make new friends. A group to draw and paint lining people producing a 2D image from a 3D figure.	£10 joining fee, £5 per session	Patricia Campbell whitefieldpaintingclub@btinternet.com
Love Springwater Park	- Springwater Park, Off Lily Hill Street	2 sets of three sessions. <u>Saturday sessions</u> 1. 18 th June 2. 25 th June 3. 2 nd July <u>Sunday sessions</u> 1. 24 th July 2. 31 st July 3. 7 th Aug Booking via Google Forms	3 sessions. 1. A nature walk around Springwater Park observing the animal homes. 2. Join them at Philips Park to make bird-boxes to take home, to encourage birdlife in your own garden. 3. How to place your birdbox and how to make other animal homes found from materials in SP.	Free	Caroline Brice lovespringwaterpark@gmail.com Love Springwater Park (wordpress.com)
Unsworth Juniors FC	- Hillock playing fields, Whitefield	N/A	- Increased the availability of playing surfaces through the winter months and	Free	Darrell Raw 07947761707 darrell_raw@hotmail.co.uk

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			more and better equipment.		
Hollins Conservation Group	- Off Hollins Lane, Whitefield	N/A	- To repair the paths in the nature reserve, allowing for accessibility to all.	Free	Paul Snelson 0161 766 7127 Hollins Conservation Group - Home Facebook
Whitefield Methodist Church	- Elms Street, Whitefield	Monday, Tuesday and Wednesdays 9.30am-11.30am	- Assisted places to those who are most in need who are currently unable to access the sessions.	Free	Ross Grant oasisprojectw@gmail.com Oasis Soft Play - Home Facebook
Whitefield Community Primary	- Victoria Avenue, Whitefield		- Forest School 'Stay and Play' sessions, ran by a qualified Forest School Lead. More sports activities throughout the holidays. - WCP are also investing in physical development resources such as balance bikes and age-appropriate equipment. - The Children's Centre will also host workshops to support the local community such as mental health, wellbeing, and suicide prevention.	Free	Katy Dickson 07921454989 k.dickson@wcp-school.co.uk
Trust House	- Metro Christian Centre, 13 Parkhills Road, Bury	Monday, Tuesday, Thursday, and Friday 10am-2pm	- They will be providing a support group to help encourage healthy conversations, try out new skills and keep active. Including	Free	Katie Jenkinson 07711476082 trusthousewhitefield@gmail.com

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			walks, boxercise, and yoga.		
Unsworth Centre	- Lindale Avenue, Bury	N/A	<ul style="list-style-type: none"> - Providing regular organised physical activity sessions at the centre such as, chair-based exercise, Pilates, and dance-based classes. - A monthly creative play session and a weekly Rhyme time session both for pre-school age. 		Liz McNabb 07593444879 unsworthcentre@gmail.com
Hillock & Oakgate Community	- Mersey Drive, Whitefield	N/A	<ul style="list-style-type: none"> - The beginning of a long project to build a set of path systems in the park. Allowing ease of access around the park and to the orchard. 	-	Andrew Taylor jat999@tinyworld.co.uk
Small Things Creative Projects CIC	-		<ul style="list-style-type: none"> - Monthly activities that will reach out and engage local families and young people in the park. Activities will aim to explore how the park can be better used as a place for learning and enjoyment that can be carried onto self-led walks. 	-	Liz Postlethwaite info@smallthings.org.uk Small Things Creative Projects
African & Caribbean Women	- St. Michael's Hall	Every Other Thursday 4.3pm-6.30pm	<ul style="list-style-type: none"> - A brand-new cooking club in Whitefield, where women and girls of African and Asian descent can come together and learn how to cook healthy meals. 	Free	Jumoke Ilevbabor 07570916856 jummybabor@gmail.com