

Week One

Monday

Tuesday

Wednesday

Thursday

Friday

Break

Various Sandwiches & Cold Pasta dishes

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Various Sandwiches & Cold Pasta dishes

Various Sandwiches & Cold Pasta dishes

Main

Chicken Tikka, 50/50 rice & Naan

Beef Lasagne, Chopped Salad, Crusty Bread

Indian Pot (Asian Slaw, Chapati Bhaji & Rice)

Chicken Fillet Burger

Battered Fish, Wedges, Peas

Vegetarian

Vegetable Tikka, 50/50 Rice & Naan

Vegetable Lasagne, Chopped Salad, Crusty Bread

Indian Pot (Asian Slaw, Chapati Bhaji & Rice)

Piri-Piri Quorn Pot, 50/50 Rice, Black bean salsa

Southern Fried Quorn Nuggets, Chips, Peas

Hot Deli

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Grab & Go

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads, Wraps and Pizza's

Assorted Panini's , Flatbreads and Pizza's

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Assorted Panini's , Flatbreads and Pizza's

Sweet treats

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

Vegetables

Peas & Sweetcorn

Vegetable Medley

Green beans & Carrots

Carrots & Sweetcorn

Garden Peas or Baked Beans

Week Two

Monday

Tuesday

Wednesday

Thursday

Friday

Break

Various Sandwiches & Cold Pasta dishes

Various Sandwiches & Cold Pasta dishes

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Various Sandwiches & Cold Pasta dishes

Main

Hunters Chicken

Beef Chilli Pot, 50/50 Rice, Nachos

Chinese Chicken Curry, 50/50 Rice

Meat Pie

Battered Fish, Wedges, Peas

Vegetarian

Quorn Sausage, Mash, Onion Gravy/Gravy

Chicken Fillet Chicken Burger

Chinese Vegetable Curry, 50/50 Rice

Sweet & Sour Vegetables , Noodles

Fishless Fingers, Chips, Peas

Hot Deli

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Grab & Go

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads, Wraps and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Sweet treats

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

Vegetables

Broccoli & Carrots

Peas & Sweetcorn

Carrots & Green Beans

Vegetable Medley

Garden Peas or Baked Beans

Week Three

Monday

Tuesday

Wednesday

Thursday

Friday

Break

Various Sandwiches & Cold Pasta dishes

Various Sandwiches & Cold Pasta dishes

Various Sandwiches & Cold Pasta dishes

Various Sandwiches & Cold Pasta dishes

Various Sandwiches & Cold Pasta dishes

Main

Sweet Chilli Chicken Bao Buns, Asian Slaw

Salt & Pepper Chicken Bites, 50/50 Rice

Meat & Potato Pie

Chicken Fillet Burger

Battered Fish, Wedges, Peas

Vegetarian

BBQ Mushroom Bao Buns, Asian Slaw

Vegetable Frittata with potato bravas

Macaroni Cheese

Vegetable Quesadilla's

Quorn Spicy Southern Fried Escalope, Chips, Peas

Hot Deli

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Grab & Go

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads, Wraps and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Sweet treats

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

Vegetables

Vegetable Medley

Peas & Sweetcorn

Broccoli & Carrots

Green Beans & Sweetcorn

Garden Peas or Baked Beans