

# Week One

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Break

Breakfast Roll, Pizza Wedge, Cheese toast

Breakfast Roll, Pizza Wedge, Sausage Roll

Breakfast Roll, Pizza Wedge, Cheese toast

Breakfast Roll, Pizza Wedge, Sausage Roll

Breakfast Roll, Pizza Wedge, Hashbrowns

### Main

Chicken Tikka, 50/50 rice & Naan

Beef Lasagne, Chopped Salad, Crusty Bread

Indian Pot (Asian Slaw, chapati, Bhaji & Rice)

Piri-Piri Chicken Pot, 50/50 Rice, Black bean salsa

Battered Fish, Chicken Nuggets, Chips, Peas

### Vegetarian

Vegetable Tikka, 50/50 Rice & Naan

Vegetable Pasta, Chopped Salad, Crusty Bread

Indian Pot (Asian Slaw, chapati, Bhaji & Rice)

Piri-Piri Quorn Pot, 50/50 Rice, Black bean salsa

Southern Fried Quorn Nuggets, Chips, Peas

### Hot Deli

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

### Grab & Go

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

### Sweet treats

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flapjacks, Jellies, Yogurts and Fresh Fruit

### Vegetables

Peas & Sweetcorn

Vegetable Medley

Green beans & Carrots

Carrots & Sweetcorn

Garden Peas or Baked Beans

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## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Break

Breakfast Roll, Pizza Wedge, Cheese toast

Breakfast Roll, Pizza Wedge, Sausage Roll

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Breakfast Roll, Pizza Wedge, Sausage Roll

Breakfast Roll, Pizza Wedge, Hashbrowns

### Main

Hunters Chicken

Beef Chilli Pot, 50/50 Rice, Nachos

Chinese Chicken Curry, 50/50 Rice

Sweet & Sour Chicken Noodles

Battered Fish, Chicken Nuggets, Chips, Peas

### Vegetarian

Quorn Sausage, Mash, Onion Gravy/Gravy

Bean Chilli Pot, 50/50 Rice, Nachos

Chinese Vegetable Curry, 50/50 Rice

Sweet & Sour Vegetables , Noodles

Fishless Fingers, Chips, Peas

### Hot Deli

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

### Grab & Go

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

### Sweet treats

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

### Vegetables

Broccoli & Carrots

Peas & Sweetcorn

Carrots & Green Beans

Vegetable Medley

Garden Peas or Baked Beans

# Week Three

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Break

Breakfast Roll, Pizza Wedge, Cheese toast

Breakfast Roll, Pizza Wedge, Sausage Roll

Breakfast Roll, Pizza Wedge, Cheese toast

Breakfast Roll, Pizza Wedge, Sausage Roll

Breakfast Roll, Pizza Wedge, Hashbrowns

### Main

Sweet Chilli Chicken Bao Buns, Asian Slaw

Salt & Pepper Chicken Bites, 50/50 Rice

Cottage Pie

Pasta Bolognaise, Crusty Bread

Battered Fish, Chicken Nuggets, Chips, Peas

### Vegetarian

BBQ Mushroom Bao Buns, Asian Slaw

Vegetable Frittata with potato bravas

Macaroni Cheese

Vegetable Quesadilla's

Quorn Spicy Southern Fried Escalope, Chips, Peas

### Hot Deli

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

Various Pasta & Rice Pots

### Grab & Go

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

Assorted Panini's , Flatbreads and Pizza's

### Sweet treats

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

Cakes, Biscuits, Flap-jacks, Jellies, Yogurts and Fresh Fruit

### Vegetables

Vegetable Medley

Peas & Sweetcorn

Broccoli & Carrots

Green Beans & Sweetcorn

Garden Peas or Baked Beans