

# Family Learning

## Programme of Courses

“Leaders’ and tutors’ support extends beyond the taught curriculum.

They put the learner and the community at the heart of everything they do.”

Ofsted Inspection Report (December, 2021)

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## **Stay, Play and Learn - Language and Communication**

**Target Group: Birth to YR - Newborns up to Reception (Pre-YN, YN or YR)**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parents (90 min.) then Parents & Children (30 min.)**

**Purpose:** This course encourages parents to explore ways of playing with, listening to and talking with their children in order to aid their language development.

**Aims:** To develop the skills and confidence to take an active role in the development of children's early learning, to appreciate the importance of a parent's role as their child's first educator, to understand the importance of play in early learning and how this can be used as a tool to develop language and communication and to plan and prepare play activities based on children's language development and interests.

**Content:** Sharing books and stories, exploring action rhymes and songs, using puppets and preparing and scaffolding play activities in order to develop children's language.

## **Stay, Play and Learn - Number and Problem-Solving**

**Target Group: Birth to YR - Newborns up to Reception (Pre-YN, YN or YR)**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parents (90 min.) then Parents & Children (30 min.)**

**Purpose:** This course encourages parents to explore ways of experimenting with practical and creative Maths in a way that aids their children's understanding of basic number.

**Aims:** To develop the skills and confidence to take an active role in the development of children's early learning, to appreciate the importance of a parent's role as their child's first educator, to understand the importance of play in early learning and how this can be used as a tool to develop children's grasp of number and to plan and prepare play activities based on children's numeracy development and interests.

**Content:** Sharing books and stories, exploring action rhymes and songs, using puppets, preparing games and scaffolding activities in order to develop children's number skills.

To book a course, email Pete Cookson at [p.cookson@bury.gov.uk](mailto:p.cookson@bury.gov.uk) or telephone 0161 253 5079 or 07901 675 907.

# Primary Literacy

## Family Literacy

**Target Group: YR-Y6**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parents (60 min.) then Parents & Children (60 min.)**

**Purpose:** On this course parents will learn how to support their children with their literacy work in order to more confidently tackle homework activities together.

**Aims:** To give parents and carers the skills and confidence to take a more active role in their children's learning, both in school and at home, in order to more effectively support their literacy development. Learners will also get the opportunity to brush up their own literacy skills as well as gaining an insight into how their children learn Literacy.

**Content:** This will depend on the age and year group of the children. Typically, topics covered in the parent-only sessions will be planned to enable parents to have the skills, confidence and knowledge to support the objectives of the parent and child sessions in addition to covering topics that extend and consolidate parents' own literacy skills.

## Keeping up with the Kids - Getting to Grips with Primary Literacy

**Target Group: Parents or Carers of Children in YR-Y6**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parent-Only**

**Purpose:** On this course parents will learn how to support their children with their literacy work in order to more confidently tackle homework activities together.

**Aims:** To give parents and carers the skills and confidence to take a more active role in their children's learning, both in school and at home, in order to more effectively support their literacy development. Learners will also get the opportunity to brush up their own literacy skills as well as gaining an insight into how their children learn at school.

**Content:** This will depend on the age of the children, but for parents of KS1 children, content could typically include exploring the decoding strategies that children use to read, looking at how to blend and segment phonemes, investigating how to identify a digraph, a trigraph and a split digraph and modelling the correct articulation of phonemes.

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## **The Magic of Reading**

**Target Group: EYFS and KS1**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parents (60 min.) then Parents & Children (60 min.)**

Purpose: On this course parents will learn about all the elements of early reading, from phonics and language comprehension to decoding and intonation. Learners will have the chance to spend some precious learning time with their children and will nurture a love for reading that will hopefully last a lifetime.

Aims: To improve parents' confidence and skills and enable them to support their children in their first stages of reading. To invoke a love for and curiosity of reading and an appreciation of how this can open up the world to young children.

Contents: Learners will explore classic storytelling, rhyming stories, decodable texts, real-life tales and helicopter stories. Each week there will be a craft related to the story that can be stored in a personalised reading and story treasure box.

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## Drama and Creative Writing

### **Story Writers - Creative Writing for Families**

**Target Group: YR-Y6**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parents (60 min.) then Parents & Children (60 min.)**

**Purpose:** Parents will learn how to support their children's story-writing capabilities through the development of creative writing skills. The course is taught by a professional script writer.

**Aims:** To support both parents and their children to build self-confidence and knowledge in their own writing abilities, enabling them to improve their reading and writing skills through the creative writing process. Learners will also get the opportunity to gain an insight into the professional story and script writing industry.

**Content:** Learners will create their own characters as a basis for script and short story writing, write monologues and compose a six-line dialogue-led script, use storyboards to develop ideas into stories and plots, identify and use a scriptwriting layout, examine stories and scripts by contemporary authors and consider different styles and genres. Learners will also have the opportunity to write a children's story and write for an 'in-class' workshop, gaining confidence in presenting their own work to a wider audience.

### **Play Makers - English Through Drama**

**Target Group: YR-Y6**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parents (60 min.) then Parents & Children (60 min.)**

**Purpose:** Parents will learn how to support the development of their children's oral communication skills and build their self-confidence through a variety of drama-based activities. The course is taught by a professional actor who has worked in theatre, television and radio.

**Aims:** To engage in drama-based activities that will help to improve verbal and non-verbal communication, memorisation, build teamwork and self-confidence and relieve stress through creative expression. The main aim is to develop social skills, raise aspirations and to use drama to support parents to realise their children's potential.

**Content:** Learners will develop their communication skills through a variety of drama-based activities such as vocal exercises, drama games, role play, improvisation and script read-throughs. They will also gain an insight into the professional production process (from script to rehearsal to screen and stage) and rehearse a short play or series of scenes, culminating in the opportunity for in-class performance.

## **Family Numeracy**

**Target Group: YR-Y6**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parents (60 min.) then Parents & Children (60 min.)**

**Purpose:** On this course parents will learn how to support their children with their Numeracy work in order to more confidently tackle homework activities together.

**Aims:** To give parents and carers the skills and confidence to take a more active role in their children's learning, both in school and at home, in order to more effectively support their numeracy development. Learners will also get the opportunity to brush up their own numeracy skills as well as gaining an insight into how their children learn at school.

**Content:** This will depend on the age and year group of the children. Typically, topics covered in the parent-only sessions will be planned to enable parents to have the skills, confidence and knowledge to support the objectives of the parent and child sessions in addition to covering topics that extend and consolidate parents' own numeracy skills.

## **Keeping up with the Kids - Getting to Grips with Primary Numeracy**

**Target Group: Parents or Carers of Children in YR-Y6**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parent-Only**

**Purpose:** On this course parents will learn how to support their children with their Numeracy work in order to more confidently tackle homework activities together.

**Aims:** To give parents and carers the skills and confidence to take a more active role in their children's learning, both in school and at home, in order to more effectively support their numeracy development. Learners will also get the opportunity to brush up their own numeracy skills as well as gaining an insight into how their children learn at school.

**Content:** This will depend on the age of the children but could typically include exploring the concept of place value, recognising some of the language associated with the four rules of number, experimenting with partitioning methods to solve a range of number problems and using a number line as a learning aid to support a child's numeracy work.

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## English for Speakers of Other Languages (ESOL)

### **ESOL Phonics**

**Target Group: ESOL Parents of Children in EYFS or KS1**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parent-Only**

**Purpose:** On this course parents will learn how to support their children with their phonic work and in the process will improve their own understanding of the English language.

**Aims:** To give parents and carers whose first language is not English the skills and confidence to take a more active role in their children's learning in order to more effectively support their phonic acquisition skills. Through this process, learners will expand their own vocabulary and improve their word-level spelling ability and general pronunciation skills.

**Content:** Learners will look at how to blend and segment phonemes and will investigate how to identify a digraph, a trigraph and a split digraph and how to model the correct articulation of phonemes. They will gain an insight into how their children are taught to read at school and will be encouraged to apply the same strategies to reading themselves.

### **Family Language - Ready for School**

**Target Group: ESOL Parents of Children aged 16 Years or Under**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parent-Only (Online or Face to Face Options Available)**

**Purpose:** On this course, parents will learn how to communicate more effectively with their children's school and will improve their English language skills generally.

**Aims:** To give parents and carers whose first language is not English the confidence to take a more active role in their children's school life, in particular, to be able to more confidently communicate both verbally and in writing with school teachers and admin staff.

**Content:** Learners will learn how to introduce themselves and talk about their children, to read, understand and write simple letters from and to school, to report a child's absence on the telephone referring to some typical childhood illnesses and to listen to, follow and contribute to a discussion about a child's progress during a typical Parents' Evening.

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## English for Speakers of Other Languages (ESOL)

### **Family Language - Living in the UK**

**Target Group: ESOL Parents of Children aged 16 Years or Under**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parent-Only**

**Purpose:** To support parents and carers whose first language is not English to develop the language skills to enable them and their families to engage in a variety of everyday life activities within their local community and the wider UK.

**Aims:** Learners will become more familiar with various aspects of life in the UK and will be more confident when accessing support and dealing with the local services available to them and their families.

**Content:** Parents will role play visiting their GP, contacting an electrician or plumber and dealing with a landlord and will explore their role within the democratic process in the UK.

### **Family Language - Generic**

**Target Group: ESOL Parents of Children aged 16 Years or Under**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parent-Only**

**Purpose:** To support parents and carers whose first language is not English to develop their language skills in order to enable them to function more effectively within British society in work, at home, and in their role as parents.

**Aims:** Learners will develop their language skills across all the four key areas of speaking, listening, reading and writing. They will expand their vocabulary in addition to increasing their understanding of some of the basic grammatical rules of the language.

**Content:** This will vary according to the level and interests of the learners.

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# Digital Skills and ICT

## **Parents Online - Digital Skills for the Family**

**Target Group: Parents or Carers of Children aged 16 Years or Under**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parent-Only**

**Purpose:** To develop parents' basic computer and digital literacy skills in order to enable them to more confidently support themselves and their families in life, work and within the home. A component of this course will be e-safety and keeping children safe online.

**Aims:** To improve parents' computer skills in a practical way that develops and reinforces their application of digital technology as a learning resource for their family.

**Content:** To recognise some terms associated with digital language, to become familiar with the online learning platforms used in their children's school (e.g. Microsoft Teams or Zoom), to use online search engines to navigate and search for information, to identify methods to keep children safe online, to use price comparison websites to budget and shop and to follow links to network, find local advice and access family support.

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# Wellbeing and Mindfulness

## **Healthy Minds, Healthy Families**

**Target Group: Parents or Carers of Children aged 16 Years or Under**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parents (60 min.) then Parents & Children (60 min.)**

**Purpose:** To build resilience, promote mindfulness and support mental and emotional wellbeing for all members of the family.

**Aims:** The course aims to equip both parents and their children with ideas to support positive mental and emotional wellbeing and resilience.

**Content:** Parents and children will explore and make use of a variety of simple strategies to deal with stress, anxiety or low mood in order to achieve more positive outcomes for all members of the family.

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# Health and Physical Wellbeing

## **Family First Aid for Parents and Carers**

**Target Group: Parents or Carers of Children aged 16 Years or Under**

**Course Duration: Half Term (5 Weeks)**

**Session Format: 2 Hours - Parent-Only (Parent and Child Courses Available)**

**Purpose:** To learn how to stay calm in an emergency and gain the confidence and skills to be able to deal effectively with a variety of childhood accidents and illnesses.

**Aims:** Parents will learn and apply a variety of practical techniques that will enable them to keep themselves and their children safe in an emergency situation.

**Content:** To identify the key principles of First Aid, to perform CPR on, and to put into the recovery position, an infant, child or adult, to use a defibrillator, to recognise and respond to breathing problems (including choking scenarios), to treat a wound, to deal with seizures (including use of an EpiPen) and to support a broken bone or dislocation.

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# Healthy Eating and Cookery

## **What's Cooking? Healthy Eating on a Budget for Busy Parents**

**Target Group: Parents or Carers of Children aged 16 Years or Under**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parent-Only (Parent and Child Courses Available)**

**Purpose:** To learn how to prepare and cook some quick and healthy meals for a family on a limited budget.

**Aims:** Parents will learn how to cook some simple dishes from scratch using ingredients that are both healthy and cheap. This course combines three overarching aims: (1) the acquisition of basic cookery skills, (2) the implementation of the principles of healthy eating and (3) the application of simple budgeting skills.

**Content:** To prepare and cook a quick and tasty meal for the family from scratch using fresh seasonal ingredients, to evaluate the cost of these ingredients using simple budgeting skills, to identify the basic nutritional value of various foods and to recognise what constitutes healthy eating and appreciate its importance within the family diet.

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# Arts and Crafts

## Family Arts and Crafts

**Target Group: EYFS-Y6**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parent-Only or Parent and Child**

**Purpose:** To support parents and carers to stimulate their child's imagination and creativity through the medium of art and crafting activities.

**Aims:** To explore the possibilities to use art and crafting opportunities to inspire children's creative imagination, develop their fine-motor skills, support their physical development and nurture their mental wellbeing.

**Content:** Learners will explore a variety of interesting and fascinating mediums such as glass painting, mindful colouring and stone painting. They will also have the opportunity to make homemade cards and to create their own jewellery.



Week 1 – Glass Painting



Week 2– Jewellery making

## Family Arts and Crafts



Week 3 – Mindful colouring



Week 4 – Card making



Week 5 – Stone Painting

Have fun, spend time together, learn a new skill and improve your health and wellbeing ....

# Budgeting and Money Management

## **Family Finance - Budgeting for the Family**

**Target Group: Parents or Carers of Children aged 16 Years or Under**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parent-Only**

**Purpose:** To raise awareness of the importance of financial literacy by sharing and exploring ways to successfully manage a limited family budget.

**Aims:** Parents will learn to better understand and make the most of their personal and family finances while receiving advice in a friendly and supportive environment.

**Contents:** Learners will discover some quick and easy ways to reduce their outgoings, explore how to use price comparison websites to search for deals when shopping online and will investigate how to plan a family budget. They will also look at some of the risks associated with borrowing while receiving some basic advice about, and support with, a variety of debt and money management issues.

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# Work and Employability

## **Ready for Work - Employability for Parents and Carers**

**Target Group: Parents or Carers of Children aged 16 Years or Under**

**Course Duration: Half Term (5 or 6 Weeks)**

**Session Format: 2 Hours - Parent-Only**

**Purpose:** To enhance opportunities for employability and build confidence and self-esteem in approaching the working environment.

**Aims:** To gain skills in writing targeted and speculative covering letters and CVs whilst building confidence and self-esteem in approaching interviews.

**Content:** Learners will practise various interview techniques for different types of scenarios (for example, by telephone, panel interviews, group interviews and online interviews) and will look at practical preparation tips and how to remain calm under pressure. Practice of verbal communication exercises and responding appropriately to different types of questioning will also be explored. During the course, learners will learn how to write a CV and covering letter, culminating in the completion of a personalised CV and covering letter that they can use for future employment searches.

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