Bury Adult Learning Service

Course Title:	Family First Aid for Parents and Carers		Code: FLB502P
Tutor:	Sarah Turnock		
Day & Time:	Friday, 10:00-12:00		
Start & End Dates:	Term 1	Term 2	Term 3
Number of Sessions:	5	20.01.23-17.02.23	
Venue:	Bury Adult Learning Centre		Room No: 22
Learner Numbers:	Minimum		Maximum
	5		8
Requirements:	You must be a parent, grandparent or carer of one or more children aged 16 years old or younger to join this course.		
Costs:	This course is free for all participants.		

What will I learn on this course?

On this course, you will learn how to...

Stay calm in an emergency and gain the confidence and skills to be able to deal with a variety of childhood accidents and illnesses.

By the end of the course you will be able to:

1. Identify the meaning of First Aid
2. Recognise and respond to an emergency situation
3. Perform CPR on an adult, child or infant
4. Put an adult, child or infant into the recovery position safely
5. Use a defibrillator correctly
6. Know what to do in a choking scenario
7. Respond to breathing problems
8. Treat a wound
9. Support a broken bone or dislocation
10. Deal with a seizure

Additional Information

Family Learning courses aim to support parents, carers and grandparents to enable their children to achieve their full potential, both at school and at home, and for participants to gain the confidence to move into further learning or work, where appropriate.

Courses offer a great starting point from which to develop new skills, gain confidence, improve general wellbeing, and make friends and meet other parents, and are a great stepping stone to becoming more involved in your child's school or the local community.

Before you enrol, advice and information is available to help you decide on the right course for you. Contact Learner Services on 0161 253 7501 or send an e-mail to learner.services@bury.gov.uk for more information.

Due to the ongoing Coronavirus situation some of our courses may be either fully or partly delivered remotely, and this would be subject to change depending on current Government advice. This means that you may need to have suitable online access, but this will be discussed with you at your induction session. Please note that our buildings and classrooms have been fully risk assessed in line with Covid-safe principles.

What will I need to provide myself?

You will need to bring something to write with and may find it useful to bring paper or a notepad if you wish to take notes. A file would be useful to keep your worksheets in.

What could I do next?

Depending on your personal needs, interests and future goals, after this course you could progress onto an English, Maths or IT course, either to brush up your skills or to gain new qualifications, or you could enrol onto another course within our Family Learning programme.

Many of those who have completed Family Learning courses in the past have decided to take up volunteering in their local school as a first step back into work, and some have gone on to become teaching assistants.

Your tutor will be able to advise you on the options available to you.

If you would like to speak to someone about your next steps, please ask your tutor to refer you to Learner Services or contact them directly on 0161 253 7501 or by e-mail at learner.services@bury.gov.uk .

Can I get extra help?

Support with English and Maths is available through our Skills for Life section. For more information please contact Learner Services on 0161 253 7501.

If you feel you may need extra help because you are disabled or have a learning disability please contact Nikki Naylor on 0161 253 7287.

How do I enrol?

Phone: 0161 253 5772

Call into: Bury Adult Learning Centre, 18 Haymarket Street, Bury, BL9 0AQ

Contact

If you would like to speak to the Programme Manager, contact Pete Cookson (Curriculum Quality Leader) on 0161 253 5079 or email p.cookson@bury.gov.uk.

Please keep your copy of this information sheet.

It will be useful throughout your course.