Physical and Sensory Needs Overview

Sensory needs

Ask me what I need to feel calm and help me to access this during the school day.

Movement breaks and fidget toys may help me to focus.

Gross motor skills

You can help me by keeping the classroom clear and uncluttered.

Let me leave a few minutes early to avoid busy corridors.

General physical needs

You can help me by being aware of equipment I use and my care plan

With support I can....

Fine motor skills

Give me extra time to complete activities

Alternatives to writing can help, e.g. typing.

Visual impairment

Provide me with clear text and pictures and make sure the lighting is even in the classroom.

Say my name before you give me an instruction.

Hearing impairment

Speak to me clearly, use visual clues and reduce background noise.

I need a break after lipreading for a while.