

## ADHD Pathway overview

**The current wait for an initial assessment from point of referral is approximately 24 months, we apologise in advance, but we are unable to provide specific waiting times on an individual basis at this time.**

### What happens during an assessment

The initial assessment will provide an opportunity to gather further information from you about your child and also provide an opportunity to observe the child's presentation. Prior to the appointment the practitioner will review the information provided in the screening questionnaires completed. At the end of the appointment we will discuss whether your child requires further assessment via a QB test or if we can understand your child's presentation in a different way and further assessment of ADHD is not supported. We may also provide recommendations on any outstanding support needs regarding your child's wellbeing.

If we feel further assessment of ADHD is required following your child's initial assessment, they will be placed on our QB waiting list. A QB test is a device used for assessing the core symptoms of ADHD such as hyperactivity, impulsivity and inattention. Your child will sit at a computer which will determine their ability to concentrate and keep still over a period of time. The test results are presented in a report that compares the results with a non-ADHD group of people of the same age and gender.

Following your child's QB appointment they will be placed on our multi-disciplinary team (MDT) waiting list where members of our neurodevelopmental team will meet to review the QB data together with the other information which will help identify or rule out ADHD. Following the information being reviewed we will write to you with a feedback appointment to discuss the assessment conclusion.

### Additional Support

Whilst waiting for an appointment if you have any concerns regarding your child's wellbeing please liaise with your GP.

The Bury Directory has many local resources available for families please visit <https://theburydirectory.co.uk/categories/send-parent-carer-support>

Early Break provides a confidential helpline for all residents in Bury who are experiencing difficulties with their mental wellbeing. The helpline 0161 464 3679 is open to residents of all ages. The service is available Monday-Saturday 8am – 8pm (calls are charged at the standard national rate for landlines and mobile calls vary dependant on provider). Further information can be found on their website: <https://earlybreak.co.uk/what-we-do/emotional-health-wellbeing-services/getting-help-line/>

Pennine care also run a helpline for mental health, learning disability and autism service users and carers, of all ages, who are experiencing increased mental health

needs during the coronavirus. This is run by experienced mental health professionals who can:

- Listen to you and help you work through immediate problems
- Work with you to find ways to move forward or suggest ways of working
- Give you information about other services that may be helpful to you or the person you care for

**The helpline is open 24 hours a day, 7 days per week on 0800 014 9995.**

If school feel they require further advice or support they can access the following:

- Discuss the child anonymously at the SENCO network meetings
- Discuss the child on an informal basis with their outreach link worker
- Make a referral for additional needs service input; this can be done to the team directly or through partnership

If the child/young person has a learning disability, complex health needs, speech, language and social communication difficulties, physical health problems, sensory difficulties, long term difficulties, visual/hearing impairments or social emotional mental health needs which are impacting on the child's education we would recommend considering applying for an education health care plan (EHCP) needs assessment.

Please note schools will need to follow the graduated response utilising delegated budgets to support children with SEND and all resources need to be exhausted before an EHC needs assessment is considered.

If school would like any further support in considering whether a EHCP application is appropriate please contact the SEN team via email; [senteam@bury.gov.uk](mailto:senteam@bury.gov.uk) or telephone 0161 253 5969.

Parents are also able to apply directly to the local authority for an EHC needs assessments. Parents do not need a report from educational psychology or support from the child's school to do this. An EHCP is for children and young people aged from 0 to 25 who need more support than is available through special educational needs support. It identifies educational, health and social needs and sets out the additional support to meet those needs. For further advise and support parents can contact the Bury SENDiass team on 01706769634. Further information on their service can be found on their website: <https://www.barnardos.org.uk/what-we-do/services/bury-sendiass>.

For children with identified special educational needs and/or disability parents and school are able to access the **Educational Psychology help line which is available on Mondays between 13.00 and 15.30 and Wednesday between 9.30 and 12.00. The helpline contact number is 0161 253 6406.**

Types of EP advice and support available could include:

- Anxiety, stress and related issues arising from being out of school/returning to school/COVID 19/missing friends etc.,

- Loss and bereavement – EPs provide Critical Incident support, but the helpline may identify where this support is needed.
- Transitions – particularly for those children starting reception/year 7.
- Advice on routines/behaviours because of changes to routine.
- Reassurance/advice on academic progress and expectations once children are back to school.
- Advice on EHC needs assessments and annual reviews.

You may of course have other educational questions or concerns that are not included on this list, so please do not hesitate to call, no matter how small your question or concern is.

Please note that EPs may sign post to other services as part of the support but will not become involved beyond the advice and support of the phone call.

**In the interim, if you have concerns regarding your child please contact duty on 0161 7161100, out of hours please call NHS 111 or 999 in an emergency.**

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