**Sensory and/or physical needs**

**Sensory needs**

**Top Tips for developing an Inclusive Learning Environment**

* Offering a sensory or fidget toy, particularly when a child is chewing uniform/ fingers
* Reading a book that is enjoyable to the child and is in a quiet space away from the classroom and other children
* Jump Ahead activity, a bit like Simon says but using whole body movement in a small group or 1:1 depending on the child’s needs. This can be used as a movement break
* Lego / Numicon activity
* Movement Breaks, usually whole class Brain Breaks doing something like just dance on the TV or just playing some music and letting the children free style.
* Eating lunch in a quieter place
* If a whole class activity is too much, let the child choose a similar but different activity with or without a friend depending on the situation
* Whole class feeling check-ins
* If the school has animals, let the child go and feed it/them or simply just petting an animal can help calm a child, especially if they are in crisis
* Starting and finishing the school day a few minutes later or earlier depending on the child’s needs
* Sitting in a quiet space “catching up” at the end of the day whilst the other children collect their coats/ bags etc
* Emptying the class water bottles at the end of the day. Water is a good activity for calming
* Ask the child what they would find useful or calming to access during the school day. All children are individuals and will need a personalised approach.